



Arizona Healthy Schools Act

HEALTHY STUDENTS.
STRONGER SCHOOLS.
BRIGHTER FUTURES.



NEW FOOD RESTRICTIONS

The Arizona Healthy Schools Act prohibits schools from serving, selling or allowing a third party to sell ultra-processed food at schools during the regular school day.



WHAT COUNTS AS THE SCHOOL DAY?

The school day is from 12:00 A.M. until 30 minutes after the daily dismissal bell.

RESTRICTED ITEMS INCLUDE:



ULTRA-PROCESSED FOODS



CANDY & SWEETS



SUGARY DRINKS



COOKIES, PASTRIES & SNACKS



CAKE & BAKED GOODS



ICE CREAM & FROZEN TREATS



EXAMPLES OF FOOD NOT ALLOWED



TO BE SOLD, SERVED OR DISTRIBUTED AT SCHOOL

Schools must adhere to serving foods that do not contain the 11 specified food additives in lunches, vending machines, snack bars and school stores during the regular school day.

11 PROHIBITED INGREDIENTS:

- Potassium bromate
- Propylparaben
- Titanium dioxide
- Brominated vegetable oil
- Blue Dye 1
- Blue Dye 2
- Yellow Dye 5
- Yellow Dye 6
- Green Dye 3
- Red Dye 3
- Red Dye 40



EXAMPLES OF FOOD THAT COMPLIES

Examples of foods that may be compliant and available at stores include:

- Skinny Pop Original
- Pirate's Booty
- Harvest Snaps Lightly Salted 1 oz. bag
- Made Good granola minis
- That's It bars
- Other foods that do not include the prohibited additives

ALWAYS ALLOWED:

- Fruits
- Vegetables
- Water with no added ingredients



READ LABELS

The restrictions are based on specific ingredients rather than the type of food itself.

Please check ingredient labels to make sure an item is compliant.



GOOD NEWS

Many of your favorite food items are currently being reformulated without the restricted ingredients, so some items may return once they meet the new requirements.



HEALTHIER CHOICES FOR OUR STUDENTS

These changes help support better nutrition, healthier habits and lifelong wellness for our students.

REMINDER

STUDENTS CAN BRING ANY FOOD ITEMS (INCLUDING PROHIBITED ITEMS) FOR THEIR OWN LUNCH OR SNACKS. HOWEVER, PROHIBITED ITEMS CANNOT BE SHARED OR DISTRIBUTED TO OTHER STUDENTS DURING THE SCHOOL DAY.