

Your best resource is another parent

We are parents like you! We know what is is like to have a child or family member with special needs or a disability. Contact us by telephone, set up a zoom or attend one of our support group meetings.





2026 Family Focus Resource **Center Support Groups**



Por Zoom

En Person

Cultivar y Crecer

6:30 - 8:00 pm

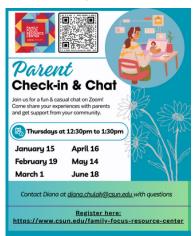
Para Inscribirse Contacte a

naria.castaneda@csun.edu sandra@dsala.org

Grupo de Apoyo en español



https://news.csun.edu/series/black-andafrican-american-family-focus-supportgroup/



https://news.csun.edu/series/parentcheck-in-and-chat-2/



https://news.csun.edu/series/elpoder-del-amor-y-la-paciencia/



https://news.csun.edu/series/filipin



https://news.csun.edu/series/avtogether-we-shine-support-group-2026/



https://news.csun.edu/series/aprend iendo-juntos/

https://news.csun.edu/series/grupo-



https://news.csun.edu/series/paren ts-of-adult-consumers-2/



https://news.csun.edu/series/mamaslatinas-grupo-de-apoyo/

See our calendar for details:

https://news.csun.edu/events/category/family-focus-resource-center-parent-support-groups/month/



Tu mejor recurso es otro padre

¡Somos padres como tú! Sabemos lo que es tener un hijo o familiar con necesidades especiales o una discapacidad. Contáctenos por teléfono, programa una reunión por Zoom o asista a una de nuestras reuniones de grupos de apoyo.





Grupos de Apoyo 2026 del Family Focus Resource Center









https://news.csun.edu/series/parentcheck-in-and-chat-2/



https://news.csun.edu/series/elpoder-del-amor-y-la-paciencia/



https://news.csun.edu/series/filipin o-support-group-2/



https://news.csun.edu/series/avtogether-we-shine-support-group-2026/



https://news.csun.edu/series/grupode-apoyo-cultivar-y-crecer/



https://news.csun.edu/series/aprend iendo-juntos/



https://news.csun.edu/series/paren ts-of-adult-consumers-2/



https://news.csun.edu/series/mamaslatinas-grupo-de-apoyo/

Consulte nuestro calendario para obtener más detalles:

https://news.csun.edu/events/category/family-focus-resource-center-parent-support-groups/month/