

# Community Resources for Maricopa County



Teen Lifeline

## **TEEN LIFELINE 602-248-TEEN (8336)**

[www.teenlifeline.org](http://www.teenlifeline.org)

### **Suicide**

Teen Lifeline: 602-248-TEEN or [www.teenlifeline.org](http://www.teenlifeline.org)

Mercy Maricopa (Mobile Teams): 602-222-9444 or [www.mercymaricopa.org](http://www.mercymaricopa.org)

EMPACT: 480-784-1514 or [www.lafrontera-empact.org](http://www.lafrontera-empact.org)

Phoenix Children's Hospital: 602-933-1000 or [www.phoenixchildrens.org](http://www.phoenixchildrens.org)

Quail Run: 602-455-5700 or [www.quailrunbehavioral.com](http://www.quailrunbehavioral.com)

St. Luke's Behavioral Health Center: (602) 251-8535 or [www.stlukesmedcenter.com](http://www.stlukesmedcenter.com)

Banner Health Care: 602-254-4357 or [www.bannerhealth.com](http://www.bannerhealth.com)

National Suicide Prevention Lifeline: 1-800-273-TALK

### **General Counseling**

Jewish Family and Children Services (JFCS): 602-256-0258 or [www.jfcsaz.org](http://www.jfcsaz.org)

EMPACT: 480-784-1514 or [www.lafrontera-empact.org](http://www.lafrontera-empact.org)

Catholic Charities: 602-997-6105 or [www.catholiccharitiesaz.org](http://www.catholiccharitiesaz.org)

Mercy Maricopa: 602-222-9444 or [www.mercymaricopa.org](http://www.mercymaricopa.org)

Southwest Behavioral Health Services: 602-265-8338 or [www.sbhservices.org](http://www.sbhservices.org)

Aurora Behavioral Health Systems: 480-345-5420 or [www.aurorabehavioral.com](http://www.aurorabehavioral.com)

ASU Counselor Training Center: 480-965-5067 or

<https://asunow.asu.edu/content/quality-low-cost-counseling-services-available-asu>

SonderMind: 844-888-9355 or [tl.sondermind.com](http://tl.sondermind.com)

### **Sexuality**

1n10: 602-475-7456 or [www.1n10.org](http://www.1n10.org)

PFLAG: 602-843-1404 or [www.pflagphoenix.org](http://www.pflagphoenix.org)

Trevor Helpline: 866-488-7386 or [www.thetrevorproject.org](http://www.thetrevorproject.org)

### **Runaway**

SafePlace: 602-841-5799

National Runaway Switchboard: 800-621-4000 or [www.nrscrisisline.org](http://www.nrscrisisline.org)

Home Base Youth Services: 602-254-7777 or [www.hbys.org](http://www.hbys.org)

Contacts Shelter Hotline: 602-263-8900

### **Abuse/Rape**

DCS (Department of Child Safety, formerly CPS): 888-SOS-CHILD

Childhelp: 800-4-A-Child or [www.childhelpusa.org](http://www.childhelpusa.org)

Maricopa County Sexual Assault Hotline (EMPACT): 480-736-4949

Child Crisis Center: 800-842-4681 or [www.childcrisisaz.org](http://www.childcrisisaz.org)

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## Substance Abuse

TERROS: 602-685-6000 or [www.terros.org](http://www.terros.org)

TASC: 602-254-7328 or [www.tasc-solutions.org](http://www.tasc-solutions.org)

St. Luke's Behavioral Health Center: 602-251-8535 or [www.stlukemedcenter.com](http://www.stlukemedcenter.com)

Community Bridges: 602-276-9999 or [www.communitybridgesaz.org](http://www.communitybridgesaz.org)

Parc Place: 480-917-9301 or [www.parc-place.com](http://www.parc-place.com)

## Grief and Loss

Teen Lifeline: 602-248-TEEN or [www.teenlifeline.org](http://www.teenlifeline.org)

New Song Center: 480-951-8985 or

<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

Stepping Stones of Hope: 602-264-7520 or [www.steppingstonesofhope.org](http://www.steppingstonesofhope.org)

La Frontera/EMPACT: 480-784-1514 or [www.lafrontera-empact.org](http://www.lafrontera-empact.org)

Compassionate Bereavement Care Providers:

<https://missfoundation.org/compassionate-bereavement-care/find-a-certified-provider>

## Trauma Counseling

La Frontera/EMPACT Trauma Healing Services: 480-736-4949 or [www.lafrontera-empact.org](http://www.lafrontera-empact.org)

**Community Information and Referral:** [www.211arizona.org](http://www.211arizona.org) or dial 2-1-1