

## **Elementary School Menu October 2025**

			JCCOBCI ZUZ			Fowner Healthy Kill
	Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	3	Daily Breakfast
A						Options
W	AT					Whole Grain Cold Cereals,
			Fall			Whole Grain Muffins
			I all			Assorted Fresh Fruits
	6	7	8	9	10	100% Fruit Juice
	O	Mary May	0		10	A A A A
*		THEFT	D 1-	(HI ATT)		1% White & Fat-Free Chocolate Milk
			Break			
						Daily Lunch Options
A						Assorted Fresh Fruits
A V	-Breakfast- 13 Pancakes & Sausage	-Breakfast- 14 Bacon, Egg & Cheese Burrito	-Breakfast- 15 Cheese Omelet w/ Bacon	-Breakfast-	-Breakfast- 17 Breakfast Bowl	Assorted Fresh Vegetables
	V Whole Grain Pop Tart	V Banana Bread	V Mini Cinnamon Waffles	V Breakfast Smoothie w/ Cracker	√Apple Frudel	1000/ Fauit luica
	-Lunch- <sup>√</sup> Pizza Hut Cheese Pizza Pizza Hut Pepperoni Pizza	-Lunch- Teriyaki Chicken Bowl	-Lunch- Chicken Tenders w/Fresh Roll BBQ Meatballs w/ Cracker	-Lunch- √Cheese Lasagna w/Breadstick	-Lunch- √ Cheese Omelet w/ Waffles	100% Fruit Juice
	√Nacho Bistro	V Cheese Breadstick Bites V Nacho Bistro	BBQ Meatballs w/ Cracker  V Nacho Bistro  Italian Sub	Mini Corn Dogs √Nacho Bistro	ゲBean and Cheese Burrito ゲNacho Bistro	1% White & Fat-Free Chocolate Milk
A	ltalian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub	A
4						Student Mad Duises
•	-Breakfast- 20 Egg & Bacon Breakfast Pizza	-Breakfast- 21 French Toast Casserole w/	-Breakfast- 22 V Cheesy Egg Bite w/ Tater Tots	-Breakfast- 23 <sub>Sausage</sub> , Egg & Cheese Croissant Sandwich	-Breakfast-	Student Meal Prices
	V Breakfast Smoothie w/ Cracker	Sausage  V'Oatman Farms Bagel w/Cream	✓ Whole Grain Pop Tart	Sandwich  VMini Cinnis	24 V Potato, Egg & Cheese Burrito Pumpkin Bread	Reduced-Price Breakfast and Lunch: FREE
	-Lunch-	Cheese	-Lunch- V Cheese Filled Breadsticks	-Lunch- All Beef Hot Dog	-Lunch- √ Cheese Pizza	Paid Breakfast: \$1.75
A	Hot Ham & Cheese Croissant √Fruit & Yogurt Parfait	-Lunch- Chicken Fried Rice w/ Egg Roll Chicken Nuggets w/ Cracker	Pulled Pork Sandwich <sup>V</sup> Fruit & Yogurt Parfait Chef Salad	√ Green Chili Cheese Enchiladas	Pepperoni Pizza VFruit & Yogurt Parfait	Paid Lunch: \$3.00
A A	Chef Šalad	VFruit & Yogurt Parfait Chef Salad	Chef Šalad	∜Fruit & Yogurt Parfait Chef Salad	Chef Salad	Adult Meal Prices
		Cher Salad				Breakfast: \$2.75 Lunch: \$4.75
	-Breakfast- 27 Pancakes & Sausage V Whole Grain Pop Tart	-Breakfast- 28 Bacon, Egg & Cheese Burrito V Banana Bread	-Breakfast- 29 Cheese Omelet w/ Bacon V Mini Cinnamon Waffles	-Breakfast- 30	-Breakfast- 31 V Fresh Baked Donut Breakfast Bowl	
A	-Lunch- Orange Chicken Bowl	-Lunch- Beef Walking Taco	-Lunch- <sup>√</sup> Alfredo Pasta w/ Garlic Knot	-Lunch- Chicken Chow Mein	-Lunch- _Hamburger	A
A Z	√ Grilled Cheese Sandwich Bistro - Pizza Kit	V Bean & Cheese Pupusa Bistro - Pizza Kit	√Personal Cheese Pizza Bistro - Pizza Kit	√Cheese Filled Breadsticks Bistro - Pizza Kit	Cheeseburger Bistro - Pizza Kit Crispy Chicken Wrap	Follow us  @ QCUSD_Child_Nutrition
	Crispy Chicken Wrap	Crispy Chicken Wrap	Crispy Chicken Wrap	Crispy Chicken Wrap	Caramel Apple Slices	*Menu is subject to change
						wienu is subject to change