

February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Join us for FREE breakfast and lunch every day of school	2 <u>BREAKFAST</u> Carrot Bun <u>LUNCH</u> Chicken Tenders & Cheese Bread Stick	3 <u>BREAKFAST</u> Cereal Bar & Yogurt Cup <u>LUNCH</u> Xtreme Been & Cheese Burrito	4 <u>BREAKFAST</u> Cinnamon Galzed Pancakes <u>LUNCH</u> Chipotle Chicken Wrap	5 <u>BREAKFAST</u> PB&J Sandwich <u>LUNCH</u> Chinese Chicken EggRolls	6 <u>BREAKFAST</u> Banana Muffin <u>LUNCH</u> Italian Cheese Steak Sandwich	7 Lunch Meal Includes: Entrée, Milk, Fruit and Vegetables
8 Breakfast Meal Include: Entrée, Milk, and Fruit	9 <u>BREAKFAST</u> Corn Chex Cereal & Educational Cookies <u>LUNCH</u> Crunchy Chicken Patty Sandwich	10 <u>BREAKFAST</u> Bagel with Cream Cheese <u>LUNCH</u> Green Chili Cheese Enchiladas	11 <u>BREAKFAST</u> Galzed Breakfast Donut Bites <u>LUNCH</u> Turkey & Cheese Croissant Sandwich	12 <u>BREAKFAST</u> Wild Berry Waffle <u>LUNCH</u> Teriyaki Beef & Broccoli	13  No School Today	14 It's Beets Season (January - March, September - November). The main part of the beet is the root.
	16 	17 <u>BREAKFAST</u> Pop-Tart & String Cheese <u>LUNCH</u> Baked Chicken Chimichangas	18 <u>BREAKFAST</u> Cherry Apple Crunch Bar <u>LUNCH</u> Pancake Bites, Yogurt Cup & String Cheese	19 <u>BREAKFAST</u> Cereal Bar & Cheese Cube <u>LUNCH</u> Boneless Wings & Orange Sesame Noodles	20 <u>BREAKFAST</u> Breakfast Wrap <u>LUNCH-BRUNCH</u> Fusilli Pasta with Meat Sauce	
22 We Offer Daily Lunch Options at Each School Site.	23 <u>BREAKFAST</u> Super Star Corn Muffing <u>LUNCH</u> Hamburger	24 <u>BREAKFAST</u> Apple Frudel <u>LUNCH</u> Been & Cheese Tostad	25 <u>BREAKFAST</u> Snack'n Waffle <u>LUNCH</u> Turkey Spinach & Cranberry Wrap	26 <u>BREAKFAST</u> Country Breakfast Flatbread <u>LUNCH</u> Baja Surf Fish Sticks & Sweet Ginger Sauce	27 <u>BREAKFAST</u> Cereal Bowl & Cinnamon Crisp <u>LUNCH</u> Chicken Tetrazzini	28 Join us for FREE breakfast and lunch every day of school

This institution is an equal opportunity provider.

***Menu is subject to change without prior notice, based on product availability.**

***Offering Daily Milk choices: 1% White, Fat-Free White, and Fat-Free Chocolate.**

***All bread products served to students are Whole Grain Items**

Advantages of Eating in The A.M.

When you eat breakfast you're telling your body that there are plenty of calories to be had for the day. When you skip breakfast the message your body gets is that it needs to conserve rather than burn any incoming calories, (Christy C. Tangney, PhD, Professor of Clinical Nutrition at Rush University).