

August 2025

Sentinel School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The full moon in August is called the Sturgeon Moon, named for the sturgeon fish that were abundant in the Great Lakes at this time.



4
Granola, Yogurt,
Oranges, Fruit
Punch Juice, Milk

Cheese
Quesadilla, Pinto
Beans,
Strawberries,
Milk

5
Scrambled Eggs,
Toast, Pears,
Apple Juice, Milk

Chicken Wings,
White Rice,
Veggie Sticks,
Watermelon,
Milk

6
Cinnamon Dust
Tortilla, Yogurt,
Strawberries,
Apple Juice, Milk

Chicken Patty
Sandwich, French
Fries, Cucumber
Slices, Grapes,
Milk

7
Pancake Wrap,
Oranges, Fruit
Punch Juice, Milk

Macaroni & Cheese,
Broccoli, Dinner
Roll, Strawberries,
Milk

8
Cereal, Apple
Slices, Orange
Juice, Milk

Hot Dog, Baked
Chips, Veggie
Sticks, Apples,
Milk

11
Cinnamon Toast
Crunch Soft Bar,
Oranges, Apple
Juice, Milk

Beef Nachos, Pinto
Beans, Salsa,
Grapes, Milk

12
Sausage & Egg
Biscuit, Grapes,
Orange Juice, Milk

Chicken Nuggets,
French Fries,
Carrot Sticks,
Apple Slices, Milk

13
Pancakes,
Strawberries, Apple
Juice, Milk

Mandarin Orange
Chicken, White
Rice, Broccoli,
Pineapple, Milk

14
Breakfast Pizza,
Grapes, Fruit
Punch Juice, Milk

Cheeseburger,
Lettuce, Tomato,
Pickles, Sun Chips,
Watermelon, Milk

15
Banana Muffin,
Yogurt, Pears, Apple
Juice, Milk

Grilled Cheese
Sandwich, Chicken
Noodle Soup,
Cucumber & Tomato
Slices, Pears, Milk

18
Waffle,
Strawberries,
Oranges Juice,
Milk

Chicken Wings,
Brown Rice,
Veggie Sticks,
Watermelon, Milk

19
Biscuits & Gravy,
Grapes, Fruit
Punch Juice, Milk

Popcorn Chicken,
Pinto Beans,
Tater Tots,
Oranges, Milk

20
Super Donut,
Yogurt, Pears,
Fruit Punch Juice,
Milk

Chicken Alfredo,
Garlic Toast,
Broccoli, Pears,
Milk

21
Scrambled Egg,
Toast, Oranges,
Apple Juice, Milk

Pepperoni Pizza,
Garden Salad,
Watermelon,
Milk

22
Granola, Yogurt,
Strawberries, Fruit
Punch Juice, Milk

Ham Sandwich,
Lettuce, Tomato,
Pickles, Baked
Chips, Apple Slices,
Milk

25
Donut Holes,
Oranges, Cheese
Stick, Apple Juice,
Milk

Beef Patty, Mashed
Potatoes & Gravy,
Corn, Dinner Roll,
Watermelon, Milk

26
French Toast
Sticks, Apple
Slices, Orange
Juice, Milk

Chicken Tenders,
Tater Tots,
Cucumber Slices,
Pineapple, Milk

27
Breakfast Pizza,
Grapes, Fruit
Punch Juice, Milk

Chicken Patty
Sandwich, Chips,
Pinto Beans,
Cheese Stick,
Cucumber Slices,
Apples, Milk

28
Waffle,
Strawberries,
Orange Juice, Milk

Spaghetti n Meat
Sauce, Garlic Toast,
Garden Salad,
Oranges, Milk

29
Super Donut,
Yogurt, Pears,
Fruit Punch Juice,
Milk

Bosco Cheese Stick,
Marinara Sauce,
Green Beans,
Oranges, Milk

School News

August 4th

First Day of School!

Welcome Back
Students & Staff!

Sentinel School Would
like to Welcome
Our New
Special Education
Teacher

Mrs. Tecson
and Our New
3rd -5th Teachers
Assistant

Mrs. Ochoa

Let's Have an
Awesome School Year!

Go Roadrunners!
Beep! Beep!

Adult Meal Prices
Breakfast \$3.00
Lunch \$5.00

Milk offered daily at
Breakfast & Lunch 1%
White or Fat Free
Chocolate

Meals are at no charge
to students.

Menu is subject to
change due to
availability of product.

This institution is an
equal opportunity
provider.

"Esta entidad es un
proveedor que brinda
igualdad de
oportunidades"

"Free language
assistance, auxiliary
aids, and/or
accommodations are
available upon
request."