

LUNCH PAD

Fresh Fruit & Vegetable Selection Available Everyday

We offer 2 fresh fruits and 2 fresh vegetables everyday. Selections are based on seasonal availability and may include:

Fruits: Apple, Orange, Pear, Peach, Plum, Strawberry, Blueberry, Cantaloupe, Honeydew, Watermelon, Grapes, Pineapple & Banana

Vegetables: Carrots, Cucumber, Celery, Broccoli, Bell Pepper Strips, Corn, Snap Peas & Grape Tomatoes



April 2026 MIDDLE SCHOOL LUNCH MENU March 30 – April 3

EARLY DISMISSAL

| | MON | TUES | WED | THURS | FRI |
|--|---|--|---|--|--------------------------|
| | Beef Meatball Parmesan Grinder Romaine Side Salad Steamed Broccoli | Beef Soft Taco Lettuce, Tomato, Salsa & Cheddar Cheese Kickin' Pinto Beans | BBQ or Buffalo Boneless Chicken Wings & Biscuit Carrot & Celery Sticks | Waffles Colby Cheese Omelette Baked Tator Tots | |
| | | <u>Available Everyday</u> Chicken Tenders or Popcorn Chicken served with a dinner roll Hamburger & Cheeseburger or Spicy & Breaded Chicken Sandwich Cheese Quesadilla or Grilled Cheddar Melt | | | SPRING RECESS |
| | | <u>Available Everyday</u> Cheese or Pepperoni Pizza Cheese Stuffed Breadsticks w/ Marinara Dipping Cup | | | NO SCHOOL |
| | | <u>Available Everyday</u> Turkey & Cheddar Club, Sunbutter & Jelly Italian Combo or Buffalo Chicken Wrap | | | |
| | | <u>Available Everyday</u> Garden & Caesar Salad with & without chicken & a dinner roll Fruit & Greek Yogurt Parfaits topped with Granola Build Your Own Lunch Kits | | | |

Menus are subject to change.

This institution is an equal opportunity provider.



For questions, please contact Andrea McCurry at amccurry@ridgefieldps.net

Daily Gluten Free Alternatives

Pasta, Chicken Tenders, Cheddar Melt or Pizza
We strive to offer a GF alternative to the Daily Entrée

Please speak to the Kitchen Lead or contact Andrea McCurry to pre-order to ensure it is freshly prepared for your scheduled lunch period.

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches **MUST** include a fruit and/or vegetable & may include:
Skim, 1% Low-Fat or Whole Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday
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Chicken is whole muscle meat
~

Milk is hormone & antibiotic



LUNCH PAD



Powering potential.

April 2026 MIDDLE SCHOOL LUNCH MENU

April 6 – April 10

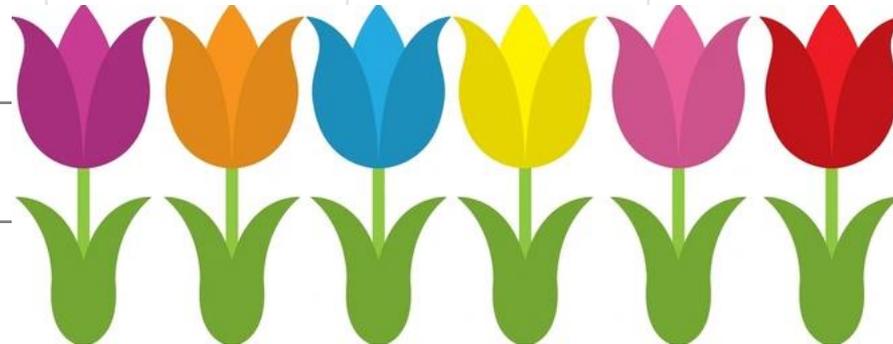
| MON | TUES | WED | THURS | FRI |
|-----|------|-----|-------|-----|
|-----|------|-----|-------|-----|



SPRING RECESS



NO SCHOOL



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**LIMITED TIME ONLY!!
1 WEEK AT ENTRÉE**

Maple Flatbread with Hickory Smoked Bacon, a blend of Mozzarella & Cheddar topped with Spicy Buffalo Ranch and Crisp Green Onions



Dinking cups & water available in every cafeteria

April 2026 MIDDLE SCHOOL LUNCH MENU

April 13 – April 17

| | MON | TUES | WED | THURS | FRI |
|-----------------------------------|---|---|---|---|--|
| ENTRÉE THE DAILY PLATE | Cheese Ravioli Garlic Breadstick Italian Pinto Bean Salad | Beef Walking Taco Sante Fe Rice Mexican Style Street Corn | Steamed Chicken Dumplings Veggie Fried Rice Snap Peas | Macaroni & Cheese Soft Pretzel Steamed Broccoli | Bacon, Egg & Cheese Biscuit Sandwich Sweet Potato Fries |
| GRILL BRING THE HEAT | | | <u>Available Everyday</u> Chicken Tenders or Popcorn Chicken served with a dinner roll Hamburger & Cheeseburger or Spicy & Original Chicken Patty Sandwich Cheese Quesadilla or Grilled Cheddar Melt | | |
| PIZZA THE TOP SLICE | | | <u>Available Everyday</u> Cheese or Pepperoni Pizza Cheese Stuffed Breadsticks w/ Marinara Dipping Cup | | |
| DELI STACK IT UP | | | <u>Available Everyday</u> Turkey & Cheddar Club, Sunbutter & Jelly Italian Combo or Buffalo Chicken Wrap | | |
| SALAD EAT WELL. BE WELL | | | <u>Available Everyday</u> Garden & Caesar Salad with & without chicken & a dinner roll Fruit & Greek Yogurt Parfaits topped with Granola Build Your Own Lunch Kits | | |

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April 2026 MIDDLE SCHOOL LUNCH MENU

April 20 – April 24

| | MON | TUES | WED | THURS | FRI |
|--|--|---|---|--|---|
| | Penne Pasta & Meatballs Garlic Knot Steamed Broccoli | Chicken & Rice Burrito Baked Churro Kickin' Pinto Beans | Chicken & Mashed Potato Bowl Cornbread Glazed Carrots | Orange Chicken Veggie Egg Roll Snap Peas | French Toast Turkey Sausage Mini Hashbrowns |
| | | | <u>Available Everyday</u> Chicken Tenders or Popcorn Chicken served with a dinner roll Hamburger & Cheeseburger or Spicy & Original Chicken Patty Sandwich Cheese Quesadilla or Grilled Cheddar Melt | | |
| | | | <u>Available Everyday</u> Cheese or Pepperoni Pizza Cheese Stuffed Breadsticks w/ Marinara Dipping Cup | | |
| | | | <u>Available Everyday</u> Turkey & Cheddar Club, Sunbutter & Jelly Italian Combo or Buffalo Chicken Wrap Kic | | |
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April 2026 MIDDLE SCHOOL LUNCH MENU

April 27 – May 1

| | MON | TUES | WED | THURS | FRI |
|--|---|---|---|---|---|
| | Spaghetti & Meatballs Garlic Knot Parmesan Garlic Green Beans | Loaded Beef Nachos Churro Black Bean & Tomato Salad | Honey Stung Popcorn Chicken Biscuit Steamed Carrots | Sweet & Sour Chicken & Rice Bowl Roasted Teriyaki Broccoli | Maple Waffles Turkey Sausage Tator Tots |
| | | | <u>Available Everyday</u> Chicken Tenders or Popcorn Chicken served with a dinner roll Hamburger & Cheeseburger or Spicy & Original Chicken Patty Sandwich Cheese Quesadilla or Grilled Cheddar Melt | | |
| | | | <u>Available Everyday</u> Cheese or Pepperoni Pizza Cheese Stuffed Breadsticks w/ Marinara Dipping Cup | | |
| | | | <u>Available Everyday</u> Turkey & Cheddar Club, Sunbutter & Jelly Italian Combo or Buffalo Chicken Wrap | | |
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