

LUNCH PAD

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August 2025

MIDDLE SCHOOL LUNCH MENU

August 25- August 29



MON	TUES	WED	THURS	FRI
	Twin Beef Soft Tacos Seasoned Black Beans	Tater Tot Popcorn Chicken Bowl Biscuit Broccoli	Pancakes Turkey Sausage Sweet Potato Wedges	Boneless Wing Bar w/ BBQ, Buffalo or Sweet Chili Sauce Breadsticks Celery Sticks
	Turkey, Apple & Bacon Flatbread	Chicken & Cheese Quesadilla	Chicken Tenders w/ WG Dinner Roll	Cheese Stuffed Breadsticks w/ Marinara Dipping Sauce
		Pepperoni Pizza		
		Buffalo Chicken Wrap		
		Pretzel, Yogurt, & Cheddar Cheese Cube Kit		

Menus are subject to change.

This institution is an equal opportunity provider.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese & Pepperoni

DELI: Sunbutter & Jelly

SALAD: Garden & Caesar Salad with & without chicken
Greek Yogurt Parfait with fruit & granola

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must
include a fruit and/or
vegetable
& may Include:
1% Low-Fat Milk OR
Skim Chocolate Milk

All Breads are whole grain &
delivered fresh everyday
~

Chicken is whole muscle
~

Milk is hormone & antibiotic
free



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September 2025

MIDDLE SCHOOL
LUNCH MENU

September 1st - September 5th



MON	TUES	WED	THURS	FRI
	Beef Nachos Cilantro Rice 3 Bean Salad	Pulled Pork Sandwich French Fries Coleslaw	BBQ Chicken Cornbread Broccoli	Waffles Turkey Sausage Sweet Potato Wedge
LABOR DAY	Chicken Patty Sandwich	Chicken Tenders w/ WG dinner roll	Ham & Cheese Melt	Pepperoni Pizza Burger
	Turkey, Apple & Cheddar Flatbread			
NO SCHOOL	Chicken Caesar Wrap			
	Build Your Own Nacho Pack			

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PIZZA: Cheese & Pepperoni
DELI: Sunbutter & Jelly
SALAD: Garden & Caesar Salad with & without chicken
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September 2025

MIDDLE SCHOOL LUNCH MENU

September 8th – September 12th

	MON	TUES	WED	THURS	FRI
	Spaghetti & Meatballs w/ Marinara Sauce Garlic Knots Romaine Side Salad	Chicken Soft Tacos Kickin' Pinto Beans	Teriyaki Chicken Dumplings Steamed Rice Carrots	Chicken Parmesan Garlic Knots Zucchini	Waffles Turkey Sausage Tator Tot
	Spicy Chicken Sandwich	Chicken & Cheese Quesadilla	Old Fashioned Patty Melt	Cheese Stuffed Breadsticks w/ Marinara Sauce	Meatball Parmesan Sub
	Meatball Pizza				
	BBQ Chicken Wrap				
	Pretzel, Turkey & Cheese Lunch Kit				

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PIZZA: Cheese & Pepperoni

DELI: Sunbutter & Jelly

SALAD: Garden & Caesar Salad with & without chicken
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September 2025

MIDDLE SCHOOL
LUNCH MENU

September 15th – September 19th

EARLY DISMISSAL

	MON	TUES	WED	THURS	FRI
	Pasta Chicken Alfredo Garlic Stick Broccoli	Beef Walking Taco Sante Fe Rice Street Corn	Honey Stung Popcorn Chicken Soft Pretzel Baked Beans	Sweet & Sour Chicken & Rice Bowl Steamed Edamame	Pancakes Turkey Sausage Sweet Potato Wedge
	Pizza Bagel	Chicken & Cheese Quesadilla	Turkey Melt	BBQ Chicken & Cheddar Melt	Cheese Stuffed Breadsticks w/ Marinara Sauce
	Pepperoni Pizza				
	Italian Combo Sub				
	Flatbread Grape Chicken Salad Kit				

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PIZZA: Cheese & Pepperoni

DELI: Sunbutter & Jelly

SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00

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September 2025

MIDDLE SCHOOL
LUNCH MENU

September 22nd – September 26th

	A MON	TUES	WED	THURS	FRI
	Mac & Cheese Corn Bread Zucchini	ROSH HASANAH NO SCHOOL	Chili Stuffed Baked Potato WG Biscuit Broccoli	Orange Popcorn Chicken Steamed Rice Seasoned Carrots	Pancakes Turkey Sausage Tator Tots
	LTO: Fajita Chicken Flatbread Whole grain flatbread layered with refried beans, roast fajita chicken, pepper and onions. Topped with cheddar cheese, folded and brushed with Sriracha.				
	Chicken Parmesan Flatbread				
	Italian Combo				
	Bagel, Yogurt & Cheese Lunch Kit				

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PIZZA: Cheese & Pepperoni
DELI: Sunbutter & Jelly
SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00

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