



August 2025

RIDGEFIELD HIGH SCHOOL LUNCH MENU

August 25 – August 29

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
	Loaded Beef Nachos With Rice & Beans	BBQ Pulled Pork Corn Bread Steamed Broccoli	General Tso Chicken Veggie Fried Rice Mixed Veggies	Spaghetti & Meatballs Garlic Bread Green Beans
	Chicken Quesadilla	Beef Gyro	Philly Cheese Steak	Grilled Cheese
	Chicken Caesar Wrap			
	Pasta Bar Meat Sauce, Marinara Or Alfredo With Choice of Protein & Veggies			
	Bruschetta Pizza Mozzarella topped pizza with fresh tomatoes, basil & garlic topping			

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef

EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits,
Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh
everyday
~

Chicken is whole muscle
~

Chicken is grilled daily for all
salads
~

Milk is hormone & antibiotic
free

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers




September 2025

RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 1 – September 5

Powering
potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	LABOR DAY	Soft Beef Taco Mexi Rice & Beans	Chicken Parmesan Roasted Broccoli	Sweet & Sour Chicken Rice Bowl Snow Peas	Pasta with Marinara or Tomato Alfredo Garlic Bread Green Beans
GRILL		Chicken Quesadilla	Pulled Pork & Cheddar on a Pretzel Roll	Turkey Ruben	Grilled Cheese
SANDWICH			Italian Combo		
TEST KITCHEN	SCHOOL CLOSED	<u>Boneless Wing Bar</u> BBQ or Buffalo Sauce, Fries, Carrots & Celery Sticks with Ranch or Blue Cheese			
PIZZA			Buffalo Chicken & Ranch Pizza		

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All deli meats are Boar's Head

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September 2025

RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 8 – September 12

Powering
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CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
Macaroni & Cheese Cornbread Green Beans	Chicken Enchilada Cilantro Rice Charro Black Beans	BBQ Chicken Creamy Cole Slaw Corn on the Cob	Chicken Dumplings Fried Rice Ginger Carrots	Cheese Ravioli Breadstick Broccoli
Chicken Quesadilla	Pepperoni Pizza Burger	Fish Street Tacos	Chipotle Ranch Pepperjack Burger	Grilled Cheese
Buffalo Chicken & Blue Cheese Wrap				
<u>Nacho Bar</u> Crispy Tortillas topped with seasoned beans or beef and multiple toppings				
Meatlovers Stuffed Stromboli				

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September 2025

RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 15 – September 19

Powering
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CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
Pasta with Meatsauce & Marinara Garlic Bread Broccoli	Loaded Beef Nachos Fiesta Rice Refried Beans	Popcorn Chicken & Tator Tot Bowl	EARLY DISMISSAL	Grilled Pesto Chicken Roasted Tomato & Broccoli Rabe
Chicken Quesadilla	Jerk Chicken Sliders	Jalapeno Bacon Burger on Pretzel Roll	NO LUNCH SERVED	Grilled Cheese
Classic BLT – Bacon, Lettuce & Tomato				
<u>Build Your Own Grain Bowl</u> Quinoa, Cous Cous or Rice topped with chicken or beans & your choice of veggies and sauce				
Pizza Bagels – Cheese / Pepperoni / Veggie				

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September 2025

RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 22 – September 26

Powering
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CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA



MON	TUES	WED	THURS	FRI
Chicken Penne Alfredo Breadstick Broccoli	ROSH HASHNAH	Cheesy Beef & Rice Burrito Salsa Beans	Chicken Tikki Masala & Rice Bowl Zucchini	Zesty Orange Chicken Stir Fry Rice Snow Peas
Chicken Quesadilla	SCHOOL CLOSED	Buffalo Chicken Panini	Crispy Chicken Tenders	Grilled Cheese
Waldorf Chicken Salad Pita Pocket				
Raman Noodle Bar Soba Noodles stir fried with choice of Chicken or Tofu, Vegetables & Homemade Savory & Spicy Sauces				
LTO: Fajita Chicken Flatbread Whole grain flatbread layered with refried beans, roast fajita chicken, pepper and onions. Topped with cheddar cheese, folded and brushed with Sriracha.				

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