



RIDGEFIELD HIGH SCHOOL LUNCH MENU

Dec 1- Dec 5

Powering	
potential.	
ENTER PLATE	



TUES

WED

THURS

FRI



Chicken & Rice Bowl Grilled BBQ Chicken Roasted Sweet Potatoes & Com

Korean Gochujang Hot Honey Chicken With Rice & Broccoli Buffalo Chicken Mac n Cheese With Roasted Zucchini



Chicken Quesadilla

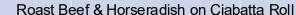
Turkey Reuben

Chicken Tenders

Beef Gyro

Grilled Cheese Tomato Soup





Ramen Noodle Bar

Teriyaki, Sweet Teriyaki, Spicy Sauce or Soy Choose Your Favorite Protein & Vegetables



Chicken Parmesan Pizza





GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

<u>DELI:</u> Made to Order Turkey, Ham, Chicken, Roast Beef <u>EXPRESS:</u> Fresh Fruit Cups, Yogurt & Granola Parfaits,

Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh everyday

Chicken is whole muscle

Chicken is grilled daily for all salads

Milk is hormone & antibiotic free



This institution is an equal opportunity providers





RIDGEFIELD HIGH SCHOOL LUNCH MENU Dec 8 – Dec 12

Powering potential.



TUES

WED

THURS

FRI



Perogies With Bacon & Cheddar with Mixed Veggies Beef Chili With Rice & Beans Gen Tso Chicken with Vegetable Lo Mein

EARLY DISMISSAL

Spaghetti & Meat Sauce with Garlic Bread & Broccoli

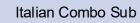




Chicken & Cheese Burrito Cheeseburger Sliders No Lunch Served

Grilled Cheese & Tomato Soup







Boneless Wing Bar

Your choice of Buffalo or BBQ sauce & served with French Fries, Celery & Carrots



LTO Jalapeno Popper Burger

Beef Burger topped with a homemade jalapeno cream cheese, cheddar & bacon Spread

Menus are subject to change.



GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken & Roast **EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits,

Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh everyday

Chicken is whole muscle Chicken is grilled daily for salads

Milk is hormone & antibiotic free

All deli meats are Boar's Head



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RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

Dec 15 – Dec 19

Powering potential.











MON

Country Popcorn Chicken & Tater Tot Bowl Green Beans

> Chicken Quesadilla

TUES

Pulled Pork Tacos Cilantro Rice & Salsa Black Beans

BBQ Chicken & Cheddar Panini

WED

Southern Style Crispy Chicken With Corn & Roasted Potatoes

Cheeseburger on Pretzel Bun With Jalapeno Bacon Jam

THURS

Chicken Dumplings Fried Rice & Carrots & Peas

Bacon, Egg & Cheese Sausage, Egg & Cheese

FRI

Stuffed Shells Garlic Bread & Roasted Zucchini

Grilled Cheese With Tomato Soup

Chicken Cobb Wrap Cheddar, Hard Boiled Egg, Bacon Lettuce, & Tomato

Pasta Bar

Choice of Marinara or Alfredo topped with your choice of meatballs, sausage, chicken & fresh veggies

Nacho Bar

Tortilla Chips With Beef, Beans Salsa, Cheese, Lettuce, Tomato, & Sour Cream

Sausage Pizza

Menus are subject to change. Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS ASSORTED PRE-MADE DAILY SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Chicken is grilled daily for all salads

Milk is hormone & antibiotic free



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RIDGEFIELD HIGH SCHOOL LUNCH MENU

Dec 22 – Dec 26

Powering
potential.











MON

TUES

WED

THURS

FRI

Chicken Penne Alfredo Garlic Bread Broccoli

Chicken

Quesadilla

Mandarin Orange Chicken Veggie Fried Rice

Philly

Cheesesteak

EARLY DISMISSAL

WINTER BREAK

No Lunch Served

SCHOOL CLOSED



3 Foot American Combo Sub



Twice Baked Potato Bar

Choice of fresh toppings

Meatball Parmesan Club





GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef **EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits,

Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

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