

LUNCH PAD



Dinking cups with water available in every cafeteria

February 2026

MIDDLE SCHOOL LUNCH MENU

February 2nd- February 6th

Powering
potential.TM

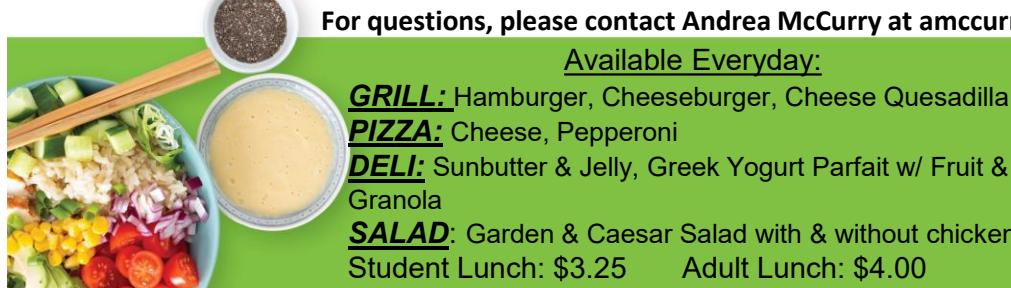
	MON	TUES	WED	THURS	FRI
ENTREE <small>THE DAILY PLATE</small>	Baked Cheese Ravioli Breadstick Broccoli	Beef Walking Taco Santa Fe Rice Street Corn	Greek Gyro w/ Tzatziki Sauce Seasoned Garbanzo Beans	Orange Chicken Veggie Egg Roll Snap Peas	Waffles Turkey Sausage Sweet Potato Fries
GRILL <small>BRING THE HEAT</small>	Chicken Quesadilla	Cheese Pizza Bagel	Crispy Chicken Tenders w/ Dinner Roll	Grilled Cheddar Cheese Melt	BBQ Cheddar Chicken Melt
PIZZA <small>THE TOP SLICE</small>	Cheese Stuffed Breadsticks w/ Marinara Dipping Sauce				
DELI <small>STACK IT UP</small>	Italian Combo Grinder				
SALAD <small>EAT WELL, BE WELL</small>	Bagel Breakfast Lunch Kit				

Menus are subject to change.

This institution is an equal opportunity provider.



For questions, please contact Andrea McCurry at amccurry@ridgefieldps.net



Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

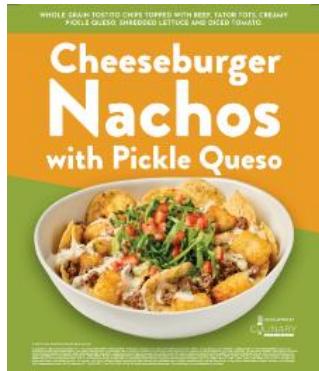
DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must
include a fruit and/or
vegetable
& may include:
1% Low-Fat Milk OR
Skim Chocolate Milk

All Breads are whole grain &
delivered fresh everyday
~
Chicken is whole muscle
~
Milk is hormone & antibiotic
free

LUNCH PAD



Dinking cups with water available in every cafeteria

February 2026 MIDDLE SCHOOL LUNCH MENU

February 9th – February 13th



MON	TUES	WED	THURS	FRI
Penne Pasta & Meatballs Garlic Breadstick Broccoli	Popcorn Chicken Mashed Potato Bowl Biscuit Carrots	Mac & Cheese Soft Pretzel Green Beans	Waffles Turkey Sausage Sweet Potato Fries	SCHOOL CLOSED



Cheeseburger Nachos with Pickle Queso
Tortillas with ground beef, tator tots, lettuce, tomato and pickle queso



Chicken Parmesan Pizza



Chicken Caesar Wrap

**WINTER
BREAK**



Hummus, Pita & Veggie Lunch Kit



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GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00



All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

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Chicken is whole muscle

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Milk is hormone & antibiotic free

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Powering potential.[™]



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MIDDLE SCHOOL LUNCH MENU

February 16- February 20th

	MON	TUES	WED	THURS	FRI
 ENTREE THE DAILY PLATE					
 GRILL BRING THE HEAT					
 Pizza THE TOP SLICE			SCHOOL CLOSED		
 DELI STACK IT UP			WINTER RECESS		
 Salad EAT WELL, BE WELL					

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Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00



All Lunches must include a fruit and/or vegetable & may include:
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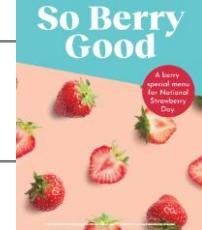


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MIDDLE SCHOOL LUNCH MENU

February 23rd – February 27th

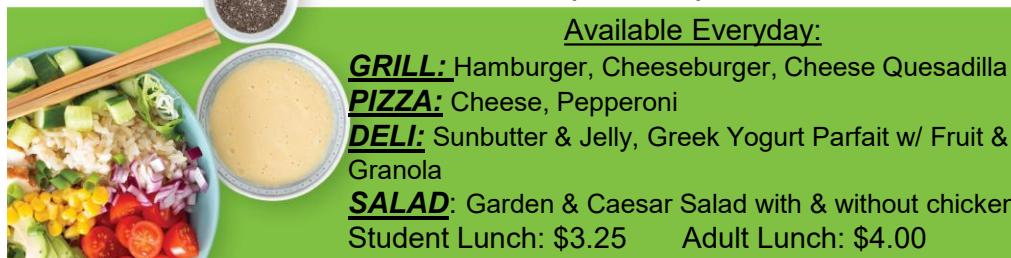
	MON	TUES	WED	THURS	FRI
 ENTREE THE DAILY PLATE	Chicken Penne Alfredo Breadstick Broccoli	Twin Beef Soft Taco Cilantro Lime Rice Salsa Beans	Grilled Cheese Tomato Soup Carrots	Chicken Parmesan Penne Pasta Green Beans	Chicken Sausage Pancake Dippers Colby Cheese Omelet Tator Tots
 GRILL BRING THE HEAT	Meatball Parmesan Grinder	Pizza Crunchers w/ Marinara Dipping Sauce		Ridge-Fil-A Sandwich Crispy Chicken Patty topped with pickle queso & pickle chips	
 Pizza THE TOP SLICE					National Strawberry Day !!
 DELI STACK IT UP				Buffalo Chicken Pizza	 So Berry Good A berry special menu for National Strawberry Day
 SALAD EAT WELL, BE WELL				Chicken Caesar Pasta Salad	
				Build Your Own Nacho Lunch Kit	

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STUDENT
NUTRITION



Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

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Chicken is whole muscle
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