



Powering  
potential.

January 2026

RIDGEFIELD HIGH SCHOOL  
LUNCH MENU

Jan 5– Jan 9

MON	TUES	WED	THURS	FRI
Cheddar & Potato Pierogies With Bacon Onions & Broccoli	Beef Nachos With Black Beans & Roasted Mexicali Corn	Grilled Pesto Chicken With Cous Cous & Roasted Curry Cauliflower	Chicken Dumplings Fried Rice & Snow Peas	BBQ Pulled Pork With Baked Beans & Cole Slaw
Chicken Quesadilla	Jalapeno Popper Burger	Blueberry, Chocolate Chip, Banana or Buttermilk Pancakes	Philly Cheese Steak	Grilled Cheese Tomato Soup
		Chicken Caesar Salad Wrap		
		<b>Boneless Wing Bar</b> With Fries Celery & Carrots Buffalo Sauce or BBQ Sauce		
		BBQ Chicken & Cheddar Pizza		

Menus are subject to change.



Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich  
**PIZZA:** Cheese & Pepperoni  
**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef  
**EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

**CHICKEN CAESAR & GARDEN SALADS**  
**ASSORTED PRE-MADE DAILY SPECIALTY SALADS**

All Breads are delivered fresh everyday

~  
Chicken is whole muscle

~  
Chicken is grilled daily for all salads

~  
Milk is hormone & antibiotic free



This institution is an equal opportunity providers



# January 2026

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 12 – Jan 16

Early Dismissal

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MON	TUES	WED	THURS	FRI
Baked Lasagna Roll Broccoli Rabe & Garlic Bread	Popcorn Chicken Katsu Rice Bowl With Cucumber Carrots & Ginger	Southwestern Turkey Panini With Chipotle Sauce	Meatball Parmesan OR Sausage & Pepper Grinder	
Chicken Quesadilla	Beef Gyro With Tzatziki Sauce	Breakfast Burrito	Grilled Cheese	EARLY DISMISSAL
	Italian Combo Sub			NO LUNCH SERVED
<b>Mixed Green Salad Bar</b> Choose Your Favorite Toppings & Dressing	<b>Chicken Rice Bean &amp; Cheese Burrito</b> Or <b>Beef Rice Bean &amp; Cheese Burrito</b>			
<b>LTO Spicy Chicken &amp; Street Corn Mac &amp; Cheese</b> Creamy macaroni and cheese topped with roasted street corn, spicy popcorn chicken, crumbled feta, green onions, and a drizzle of Sriracha ranch.				

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**CHICKEN CEASAR & GARDEN SALADS**

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All deli meats are Boar's Head



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# January 2026

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 19 – Jan 23

MON	TUES	WED	THURS	FRI
 CENTER PLATE	Chicken Parmesan Grinder	Chicken Tenders With Curly Fries	BBQ Grilled Chicken With Cole Slaw & Mashed Potatoes	Ricotta Stuffed Shells Garlic Bread & Roasted Zucchini
 GRILL	Chicken Quesadilla	Cheddar Cheeseburger On Pretzel Roll	Assorted Breakfast Sandwiches	Grilled Cheese With Tomato Soup
 SANDWICH			American Combo	
 TEST KITCHEN	NO SCHOOL	<u>Chicken &amp; Cheese Panini</u>	<u>Ramen Noodle Bar</u> Your Choice Protein & Vegetables Sweet or Spicy Teriyaki Sauce	
 PIZZA			Meat Lovers Pizza	

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Side Salads, Deli Sandwiches & Bento Boxes

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# January 2026

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 26 – Jan 30

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MON	TUES	WED	THURS	FRI
Fettuccini Alfredo Mixed California Vegetables & Garlic Bread	Cheeseburger Rolletto with Fries & Mixed Green Salad	BBQ Grilled Chicken With Cornbread & Cole Slaw	Honey Garlic Chicken With Rice & Chili Lime Roasted Cauliflower	Gyro Meatball & Grain Bowl With Sautéed Spinach
Chicken Quesadilla	Monte Cristo	Chipotle Chicken & Corn Salsa Panini	Chicken Tenders	Grilled Cheese With Tomato Soup
		Falafel & Feta Cheese Wrap		
		<b><u>Walking Taco Bar</u></b> Choice Of Doritos Beef, Beans, Salsa, Lettuce & Cheese		
		Pepperoni & Cheese Stromboli		

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