



January 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 5– Jan 9

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
Cheddar & Potato Pierogies With Bacon Onions & Broccoli	Beef Nachos With Black Beans & Roasted Mexicali Corn	Grilled Pesto Chicken With Cous Cous & Roasted Curry Cauliflower	Chicken Dumplings Fried Rice & Snow Peas	BBQ Pulled Pork With Baked Beans & & Cole Slaw
Chicken Quesadilla	Jalapeno Popper Burger	Blueberry, Chocolate Chip, Banana or Buttermilk Pancakes	Philly Cheese Steak	Grilled Cheese Tomato Soup
Chicken Caesar Salad Wrap				
<u>Boneless Wing Bar</u> With Fries Celery & Carrots Buffalo Sauce or BBQ Sauce				
BBQ Chicken & Cheddar Pizza				

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef

EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits,
Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh
everyday
~

Chicken is whole muscle
~

Chicken is grilled daily for all
salads
~

Milk is hormone & antibiotic
free

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers



January 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 12 – Jan 16

Early Dismissal

EXAM DAY

EXAM DAY

Powering
potential.

MON	TUES	WED	THURS	FRI
Baked Lasagna Roll Broccoli Rabe & Garlic Bread	Popcorn Chicken Katsu Rice Bowl With Cucumber Carrots & Ginger	Southwestern Turkey Panini With Chipotle Sauce	Meatball Parmesan OR Sausage & Pepper Grinder	
Chicken Quesadilla	Beef Gyro With Tzatziki Sauce	Breakfast Burrito	Grilled Cheese	EARLY DISMISSAL
	Italian Combo Sub			NO LUNCH SERVED
<u>Mixed Green Salad Bar</u> Choose Your Favorite Toppings & Dressing		<u>Chicken Rice Bean & Cheese Burrito</u> Or <u>Beef Rice Bean & Cheese Burrito</u>		
<u>LTO Spicy Chicken & Street Corn Mac & Cheese</u> Creamy macaroni and cheese topped with roasted street corn, spicy popcorn chicken, crumbled feta, green onions, and a drizzle of Sriracha ranch.				

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All deli meats are Boar's Head



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January 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 19 – Jan 23

EXAM DAY

EXAM DAY

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
	Chicken Parmesan Grinder	Chicken Tenders With Curly Fries	BBQ Grilled Chicken With Cole Slaw & Mashed Potatoes	Ricotta Stuffed Shells Garlic Bread & Roasted Zucchini
Martin Luther King Jr. Day	Chicken Quesadilla	Cheddar Cheeseburger On Pretzel Roll	Assorted Breakfast Sandwiches	Grilled Cheese With Tomato Soup
	American Combo			
NO SCHOOL	<u>Chicken & Cheese Panini</u>		<u>Ramen Noodle Bar</u> Your Choice Protein & Vegetables Sweet or Spicy Teriyaki Sauce	
	Meat Lovers Pizza			

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January 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 26 – Jan 30

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
Fettuccini Alfredo Mixed California Vegetables & Garlic Bread	Cheeseburger Rolletto with Fries & Mixed Green Salad	BBQ Grilled Chicken With Cornbread & Cole Slaw	Honey Garlic Chicken With Rice & Chili Lime Roasted Cauliflower	Gyro Meatball & Grain Bowl With Sautéed Spinach
Chicken Quesadilla	Monte Cristo	Chipotle Chicken & Corn Salsa Panini	Chicken Tenders	Grilled Cheese With Tomato Soup
Falafel & Feta Cheese Wrap				
<u>Walking Taco Bar</u> Choice Of Doritos Beef, Beans, Salsa, Lettuce & Cheese				
Pepperoni & Cheese Stromboli				

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