

LUNCH PAD



Dinking cups with water available in every cafeteria

January 2026 MIDDLE SCHOOL LUNCH MENU

January 5th – January 9th

Powering
potential.

	MON	TUES	WED	THURS	FRI
ENTREE THE DAILY PLATE	Cheesy Penne & Chicken Bake Dinner Roll Broccoli	Fajita Chicken & Cheese Quesadilla Kickin' Pinto Beans	Country Chicken & Mashed Potato Bowl Orange Carrots	Zesty Orange Chicken & Rice Bowl Snap Peas	French Toast Sticks Turkey Sausage Tator Tots
GRILL BRING THE HEAT	Chipotle Ranch Burger	Cheese Filled Breadsticks w/ Marinara Sauce	Cheddar Cheese Melt	Meatball Parmesan Sub	Chicken Tenders w/ WG Dinner Roll
PIZZA THE TOP SLICE	Chicken Parmesan Pizza				
DELI STACK IT UP	Italian Combo				
SALAD EAT WELL, BE WELL	Build Your Own Pepperoni Pizza Flatbread Kit				

Menus are subject to change.

This institution is an equal opportunity provider.

For questions, please contact Andrea McCurry at amccurry@ridgefieldps.net



Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken
Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday ~
Chicken is whole muscle ~
Milk is hormone & antibiotic free



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MIDDLE SCHOOL LUNCH MENU

January 12th – January 16th

EARLY DISMISSAL

MON	TUES	WED	THURS	FRI
Spaghetti & Meatballs Garlic Knot Green Beans	Beef Nachos Sante Fe Rice BBQ Black Beans	Honey Stung Chicken Biscuit Broccoli	Buffalo Chicken Dip & Tortillas Celery & Carrot Sticks	Waffles Turkey Sausage Sweet Potato Fry



THE DAILY PLATE



BRING THE HEAT



THE TOP SLICE



STACK IT UP



EAT WELL, BE WELL

LTO Spicy Chicken & Street Corn Mac & Cheese

Creamy macaroni and cheese topped with roasted street corn, spicy popcorn chicken, crumbled feta, green onions, and a drizzle of Sriracha ranch.

Meatball Pizza

Buffalo Chicken Wrap

All American Turkey & Pretzel Kit

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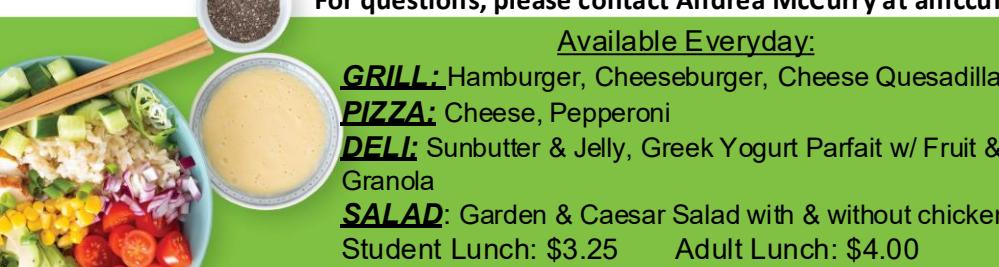
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MIDDLE SCHOOL LUNCH MENU

January 19th – January 23rd

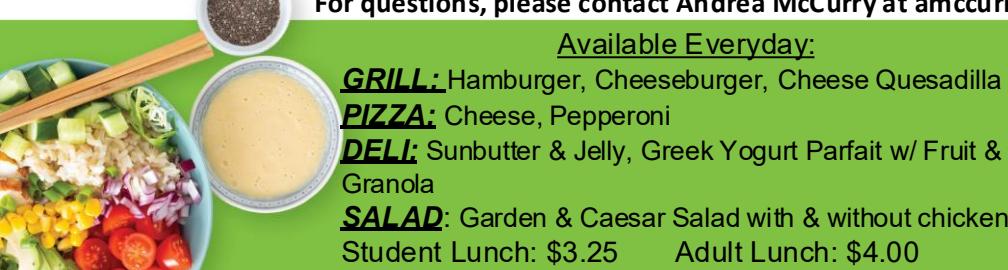
	MON	TUES	WED	THURS	FRI
 THE DAILY PLATE		Beef Walking Taco Cilantro Rice Campfire Pinto Beans	BBQ Pulled Pork Sandwich Creamy Coleslaw	Chicken Dumplings Cilantro Rice Broccoli	Waffles Turkey Sausage Tater Tots
 BRING THE HEAT	NO SCHOOL		Meatball Parm Sub	Chicken & Cheese Quesadilla	Cheese Stuffed Breadsticks w/ Marinara Sauce
 THE TOP SLICE	Martin Luther King Jr Day		Chicken Bacon Ranch Pizza		
 STACK IT UP			Turkey & Provolone Sub		
 EAT WELL, BE WELL			Nacho Lunch Kit		

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MIDDLE SCHOOL LUNCH MENU

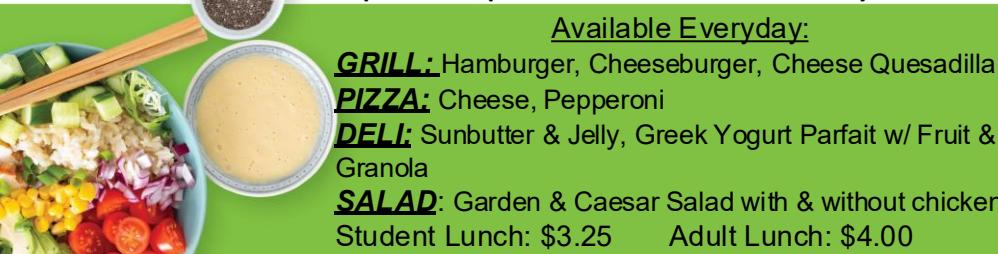
January 26th – January 30th

MON	TUES	WED	THURS	FRI
ENTREE  THE DAILY PLATE	Chicken Penne Alfredo Breadstick Broccoli	Twin Soft Beef Tacos Black Beans	Boneless Wing Bar Breadstick Carrots	General Tso's Chicken Rice Snap Peas
GRILL  BRING THE HEAT	Fajita Chicken Flatbread	Chipotle Burger	Chicken Parmesan Sandwich	BBQ Burger
PIZZA  THE TOP SLICE	Cheeseburger Pizza			
DELI  STACK IT UP	BBQ Chicken & Cheese Wrap			
SALAD  EAT WELL, BE WELL	Pretzel, Cheese Stick & Yogurt Pack			

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