

LUNCH PAD



Dinking cups with water available in every cafeteria

January 2026

MIDDLE SCHOOL LUNCH MENU

January 5th – January 9th

Powering
potential.

	MON	TUES	WED	THURS	FRI
	Cheesy Penne & Chicken Bake Dinner Roll Broccoli	Fajita Chicken & Cheese Quesadilla Kickin' Pinto Beans	Country Chicken & Mashed Potato Bowl Orange Carrots	Zesty Orange Chicken & Rice Bowl Snap Peas	French Toast Sticks Turkey Sausage Tator Tots
	Chipotle Ranch Burger	Cheese Filled Breadsticks w/ Marinara Sauce	Cheddar Cheese Melt	Meatball Parmesan Sub	Chicken Tenders w/ WG Dinner Roll
	Chicken Parmesan Pizza				
	Italian Combo				
	Build Your Own Pepperoni Pizza Flatbread Kit				

Menus are subject to change.

This institution is an equal opportunity provider.



For questions, please contact Andrea McCurry at amccurry@ridgefieldps.net



Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable
& may Include:
1% Low-Fat Milk OR
Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday
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Chicken is whole muscle
~

Milk is hormone & antibiotic free

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MIDDLE SCHOOL LUNCH MENU

January 12th – January 16th

EARLY DISMISSAL

	MON	TUES	WED	THURS	FRI
	Spaghetti & Meatballs Garlic Knot Green Beans	Beef Nachos Sante Fe Rice BBQ Black Beans	Honey Stung Chicken Biscuit Broccoli	Buffalo Chicken Dip & Tortillas Celery & Carrot Sticks	Waffles Turkey Sausage Sweet Potato Fry
	<u>LTO Spicy Chicken & Street Corn Mac & Cheese</u> Creamy macaroni and cheese topped with roasted street corn, spicy popcorn chicken, crumbled feta, green onions, and a drizzle of Sriracha ranch.				
	Meatball Pizza				
	Buffalo Chicken Wrap				
	All American Turkey & Pretzel Kit				

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MIDDLE SCHOOL
LUNCH MENU

January 19th – January 23rd

	MON	TUES	WED	THURS	FRI
		Beef Walking Taco Cilantro Rice Campfire Pinto Beans	BBQ Pulled Pork Sandwich Creamy Coleslaw	Chicken Dumplings Cilantro Rice Broccoli	Waffles Turkey Sausage Tater Tots
	NO SCHOOL		Meatball Parm Sub	Chicken & Cheese Quesadilla	Cheese Stuffed Breadsticks w/ Marinara Sauce
	Martin Luther King Jr Day	Chicken Bacon Ranch Pizza			
		Turkey & Provolone Sub			
		Nacho Lunch Kit			

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MIDDLE SCHOOL LUNCH MENU

January 26th – January 30th

	MON	TUES	WED	THURS	FRI
	Chicken Penne Alfredo Breadstick Broccoli	Twin Soft Beef Tacos Black Beans	Boneless Wing Bar Breadstick Carrots	General Tso's Chicken Rice Snap Peas	French Toast Sticks Turkey Sausage Tater Tots
	Fajita Chicken Flatbread	Chipotle Burger	Chicken Parmesan Sandwich	BBQ Burger	Cheddar Cheese Melt
	Cheeseburger Pizza				
	BBQ Chicken & Cheese Wrap				
	Pretzel, Cheese Stick & Yogurt Pack				

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Available Everyday:

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PIZZA: Cheese, Pepperoni

DELI: Sunbutter & Jelly, Greek Yogurt Parfait w/ Fruit & Granola

SALAD: Garden & Caesar Salad with & without chicken

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