

Snack  
Program  
K-8



# Snack Nutritional Requirements & Standards

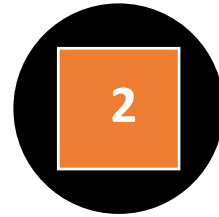
## What are the Smart Snacks Standards for foods?

To qualify as a Smart Snack, a snack or entrée must first meet the general nutrition standards:

- Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or
- Have as the first ingredient a fruit, a vegetable, a dairy food, or a protein food; or
- Be a combination food that contains at least  $\frac{1}{4}$  cup of fruit and/or vegetable (for example,  $\frac{1}{4}$  cup of raisins with enriched pretzels); and
- The food must meet the nutrient standards for calories, sodium, fats, and total sugars.

Nutrient	Snack	Entrée
Calories	200 calories or less	350 calories or less
Sodium	200 mg or less	480 mg or less
Total Fat	35% of calories or less	35% of calories or less
Saturated Fat	Less than 10% of calories	Less than 10% of calories
Trans Fat	0 g	0 g
Total Sugars	35% by weight or less	35% by weight or less

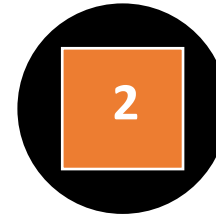
# Daily Offerings



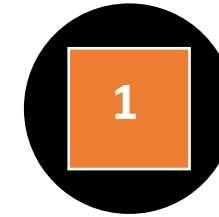
2 FLAVORS OF BAKED  
CHIPS



2 FLAVORS OF  
CEREAL/GRANOLA  
BARS



2 SMALL BAG SNACKS



1 CEREAL OPTION

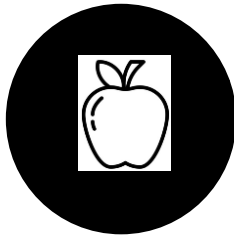
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## Beverages

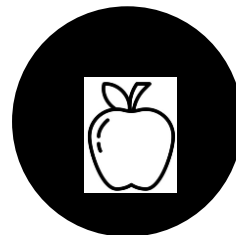
### Middle Schools



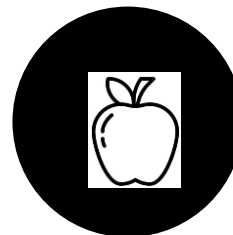
16 OZ WATER



SWITCH  
SPARKLING  
FRUIT JUICE



IZZE SPARKLING  
FRUIT JUICE



CAPRI SUN  
JUICE

### Elementary Schools



8 OZ  
WATER

# Baked Chips





# Cereal / Granola Bars



# Small Bag Snacks





# Cereal



# Beverages

## Middle Schools



## Elementary Schools





# Additional Middle School Offerings



# Reduced Fat Chips





# Bakery Items





# Muffins

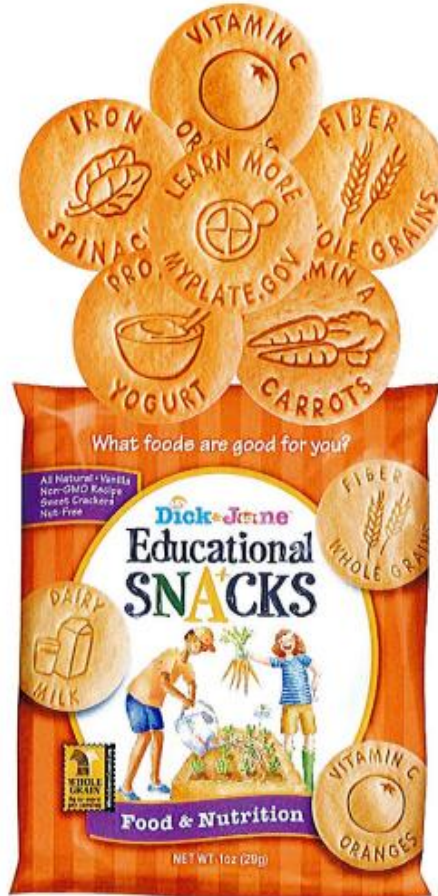
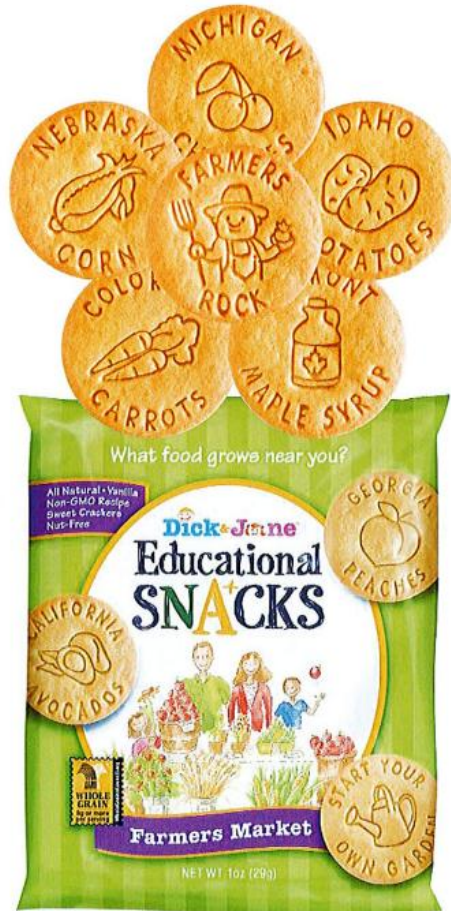


# Additional Elementary School Offerings





# Educational Snacks





# Muffins & Cookies



Whole Grain Muffins and BeneFIT Whole Grain  
Fresh Baked Cookies

# Special Treats



# Special Treats



- Smooth-Frozen® for effortless spoonability
- Credits as 1/2 cup Fruit
- Qualifies as a Smart Snack





# Pricing





<u>Ridgefield Elementary Schools</u>	
<u>Snacks</u>	
Chips	\$1.50
Cereal Bar	\$1.50
Granola Bar	\$1.50
Rice Krispie	\$1.50
Goldfish	\$0.75
Scooby Snacks	\$0.75
Annie's Bunnies	\$0.75
Cheez-Its	\$0.75
Chex Mix	\$0.75
Cereal Bowl	\$1.25
Muffin	\$1.50
2 Cookies	\$1.50
<u>Beverages</u>	
Bottled Water	\$1.25
Capri Sun	\$1.50
4 oz juice carton	\$0.60
Milk	\$0.75

<u>Ridgefield Middle Schools</u>	
<u>Snacks</u>	
Chips	\$1.50
Cereal Bar	\$1.50
Granola Bar	\$1.50
Rice Krispie	\$1.50
Small Bag Snacks	\$0.75
Cereal Bowl	\$1.25
Muffin	\$1.50
2 Cookies	\$1.50
Single Pop Tart	\$1.25
<u>Beverages</u>	
Bottled Water	\$1.25
Izze Sparking Juice	\$2.00
Snapple	\$2.00
Capri Sun	\$1.50

