



March 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

March 2– March 6

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Spaghetti & Meatballs Garlic Breadstick Broccoli	Twin Beef Soft Tacos Sante Fe Rice Refried Beans	Orange Teriyaki Chicken Dumplings Steamed Rice Snap Peas	Chili Garlic Chicken Veggie Lo Mein Stir Fry Veggies	Coconut Crusted Tilapia Roasted Potatoes Glazed Carrots
GRILL	Chicken Quesadilla	Pulled Pork Sliders	Chicken Burrito	Chicken Parmesan Melt	Grilled Cheese Tomato Soup
SANDWICH	BLT Chicken Salad Seasoned diced chicken mixed with chopped bacon, lettuce, tomato & mayonnaise				
TEST KITCHEN	<u>Twice Baked Potato Bar</u> Twice Baked Potato with choice of toppings Chicken, Chili, Bacon, Broccoli, Cheese & Green Onion		<u>Pasta Bar</u> Choose Marinara, Alfredo or Cheddar Top with Meatballs, Chicken & veggies		
PIZZA	Buffalo Chicken & Ranch Pizza				

Menus are subject to change.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef

EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits,
Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh everyday

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Chicken is whole muscle

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Chicken is grilled daily for all salads

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Milk is hormone & antibiotic free



This institution is an equal opportunity providers



March 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

March 9 – March 13

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Pasta with choice of Marinara or Alfredo Garlic Knot Parmesan Green Beans	Beef Nachos Lettuce, Tomato, Cheese & Sour Cream Salsa Beans	Spicy Chicken & Street Corn Mac & Cheese	EARLY DISMISSAL	Fish & Chips Creamy Coleslaw
GRILL	Chicken Quesadilla	Philly Cheese Steak	Cheeseburger Sliders	NO LUNCH SERVED	Grilled Cheese & Tomato Soup
SANDWICH	Chicken Caesar Salad Wrap Crisp romaine with seasoned chicken, shaved parmesan & Caesar dressing				
TEST KITCHEN	<u>Boneless Wing Bar</u> Buffalo or BBQ Boneless Wings With Curly Fries Carrot & Celery Sticks with Ranch or Blue Cheese				<u>Mac & Cheese Bar</u>
PIZZA	Chicken Parmesan Grinder				

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Side Salads, Deli Sandwiches & Bento Boxes

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March 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU
March 16 – March 20

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Ricotta Stuffed Shells Garlic Breadstick Broccoli	Beef Taco Lettuce, Tomato, Cheese & Salsa & Sour Cream Street Corn	Balsamic Glazed Parmesan Chicken Creamy Italian Rice Broccoli	Chicken Parmesan Spaghetti Squash & Zucchini	Garlic & Herb Roasted Tilapia Veggie Rice Parmesan Green Beans
GRILL	Chicken Quesadilla	Gochujang Hot Honey Chicken Sandwich	Tiger-Fil-A Chicken Sandwich	Greek Gyro with Tzatziki	Grilled Cheese & Tomato Soup
SANDWICH	Chicken Salad Shawarma Wrap Seasoned Chicken with Lemon Garlic Sauce & Shawarma Coleslaw				
TEST KITCHEN	<u>Ramen Noodle Bar</u> Yakisoba noodles mixed with your choice of chicken or tofu, veggies and choice of Teriyaki, Sweet Teriyaki, Spicy Sauce or Soy			<u>Fried Rice Bar</u> Choice chicken or tofu, veggies and sauce	
PIZZA	Sweet Heat Chorizo Empanada Cinnamon, Sugar & Cayenne Pepper Biscuit filled with turkey chorizo & shredded cheese. Served with lime crema.				

Menus are subject to change.



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- PIZZA:** Cheese & Pepperoni
- DELI:** Made to Order Turkey, Ham, Chicken & Roast
- EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

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March 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

March 23 – March 27

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
Pasta with choice of Marinara or Meat sauce Garlic Bread Broccoli	Chicken Enchilada Salsa Rice Roasted Corn	BBQ Chicken Potato Salad Corn on the Cob	General Tso Chicken Fried Rice Snap Peas	Baja Fish Tacos Creamy Coleslaw
Chicken Quesadilla	Bacon Jalapeno Jam Burger on a Pretzel Roll	Beef Burrito	<u>Hot Dip</u> Chicken patty dipped in hot honey buffalo sauce & topped with blue cheese & cole slaw	Grilled Cheese & Tomato Soup
		Classic Italian Combo Ham, Salami & Pepperoni		
	<u>Nacho Bar</u> Tortillas topped with your choice of ground beef, beans, cheese, tomato, onion, corn, salsa & sour cream		<u>Disco Fry Bar</u> French Fries topped with bbq or buffalo chicken, gravy & cheese sauce	
		Meatlovers Pizza & Meatball Parmesan Grinders		

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