



May 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Good Luck
Seniors

May 4 – May 8

Field Day

Powering potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA



MON	TUES	WED	THURS	FRI
Cheese Ravioli Garlic Breadstick Steamed Broccoli	Twin Beef Soft Taco Fiesta Rice Salsa Black Beans	Chicken Dumplings Fried Rice Snap Peas	 	Pasta with Marinara or Alfredo Galic Knot Mixed Spring Veggies
Chicken & Cheese Quesadilla	BBQ Pulled Pork on Pretzel Slider	Beef Gyro with Tzatziki		Grilled Cheese Tomato Soup
		Italian Combo		<i>Field</i>
Raman Noodle Bar Soba Noodles stir fried with choice of Chicken or Tofu, Vegetables & Homemade Savory & Spicy Sauces			 	Raman Noodle Bar
Cheddar & Bacon Flat Bread				Cheddar & Bacon Flat Bread

Menus are subject to change.

Available Everyday:

- GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich
- PIZZA:** Cheese & Pepperoni
- DELI:** Made to Order Boar's Head Turkey, Ham, Chicken & Roast
- EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh everyday

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Chicken is whole muscle
 Chicken is grilled daily for salads

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Milk is hormone & antibiotic free

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All deli meats are Boar's Head



This institution is an equal opportunity providers



May 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

May 11 – May 15

Powering potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA



MON	TUES	WED	THURS	FRI
Baked Ziti Garlic Knot Garlic Broccoli	Chicken Enchilada With Red Beans & Rice	Grilled Pesto Chicken Cajun Rice & Green Beans	Gen Tso Chicken Veggie Fried Rice Seasoned Edamame & Carrots	Pulled Pork Cornbread Honey Glazed Carrots
Chicken & Cheese Quesadilla	Chicken Cheddar Ranch Panini With Tiger Sauce	Philly Cheese Steak	Turkey Reuben	Grilled Cheese Tomato Soup
Sweet Chili Chicken Lettuce Wrap				
Burrito Bowl Bar Choose from brown or white rice, chicken, beef or beans & choice of veggies Top with guacamole, salsa or chipotle ranch sauce & chips				
Bruschetta Chicken Focaccia Hand Pressed Focaccia topped w/ Diced Chicken, Fresh Tomato Bruschetta & Melted Mozzarella w/ Herb Mayo Drizzle				

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May 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU

May 18 – May 22

Powering potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA



MON	TUES	WED	THURS	FRI
Spaghetti & Meatballs Garlic Bread Steamed Broccoli	Twin Beef Taco Tuesday Fiesta Rice & Black Beans	Balsamic Glazed Chicken Creamy Italian Rice Garlic Broccoli	Zesty Orange Chicken Veggie Rice Snap Peas	Herb Grilled Chicken Mashed Potato Seasoned Green Beans
Chicken & Cheese Quesadilla	BLT on Sourdough Bread	Caprese Chicken With Pesto Panini	Chicken Rice & Cheese Burrito	Grilled Cheese & Tomato Soup
Chicken Caesar Salad Wrap				
Boneless Wing Bar BBQ Or Buffalo Sauce, Fries, Carrots & Celery Sticks With Ranch or Blue Cheese				
Meatlovers Pizza				

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May 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU

May 25 – May 29

Test

Powering potential.

CENTER PLATE


GRILL

SANDWICH

TEST KITCHEN

PIZZA



	MON	TUES	WED	THURS	FRI
MEMORIAL DAY		Loaded Beef Nachos Refried Beans	Chicken Parmesan Fusilli Pasta Steamed Broccoli	Sweet & Sour Chicken Steamed Rice Ginger Carrots	Country Chicken & Potato Bowl Green Beans
		Turkey & Apple Melt	Chicken & Cheese Quesadilla	Chicken Cordon Bleu On Pretzel Roll	Grilled Cheese & Tomato Soup
		Waldorf Chicken Salad			
SCHOOL CLOSED		Walking Taco Bar Choice of Beef, Chicken or Beans Served with lettuce, tomato, cheddar cheese, sour cream & salsa over your choice of Doritos			
		White Pizza with Spinach & Broccoli			

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