



# November 2025

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 3– November 7

Powering potential.

	MON	TUES	WED	THURS	FRI
<b>CENTER PLATE</b>	Cheddar & Potato Pierogi Sauteed Mixed Vegetables	<b>Election Day</b>	Turkey Breast Mashed Potato Stuffing Green Beans	Zesty Orange Chicken With Rice & Sauteed Cabbage	Cheese Ravioli Rose Sauce Or Marinara & Broccoli Rabe With Roasted Garlic
<b>GRILL</b>	Chicken Quesadilla	<b>School Closed</b>	BBQ Pulled Pork on a Pretzel Roll	Beef Gyro	Grilled Cheese Tomato Soup
<b>SANDWICH</b>	Turkey Avocado & Bacon Wrap				
<b>TEST KITCHEN</b>	<u><b>Nacho Bar</b></u> Nacho Chips Served with Beef or Beans, Cheese Lettuce, & Salsa				
<b>PIZZA</b>	<u><b>Bruschetta Pizza</b></u> Fresh Mozzarella Cheese with Tomato & Basil				

Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich

**PIZZA:** Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef

**EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

**CHICKEN CEASAR & GARDEN SALADS**  
**ASSORTED PRE-MADE DAILY SPECIALTY SALADS**

All Breads are delivered fresh everyday  
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Chicken is whole muscle  
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Chicken is grilled daily for all salads  
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Milk is hormone & antibiotic free



This institution is an equal opportunity providers





# November 2025

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 10 – November 14

Powering potential.

	MON	TUES	WED	THURS	FRI
<b>CENTER PLATE</b>	Mac-n-Cheese Garlic Bread Sautéed Broccoli	<b>Veterans Day</b>	Meatloaf Mashed Potato & Gravy Green Beans	Sweet & Sour Chicken Rice Bowl Snow Peas	Beef Enchiladas Fiesta Rice & Beans
<b>GRILL</b>	Chicken Quesadilla	<b>School Closed</b>	Chicken Tenders	Meatball Parmesan Grinder	Grilled Cheese & Tomato Soup
<b>SANDWICH</b>			Italian Combo Sub		
<b>TEST KITCHEN</b>	<b>Grain Bar</b> Choice of Cous Cous, Rice or Quinoa Served with your choice of protein and vegetables				
<b>PIZZA</b>	<b>LTO</b> Gochujang Hot Honey Chicken Sandwich Chicken Cutlet dipped in Korean hot honey & topped with pickles				

Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich

**PIZZA:** Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken & Roast

**EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits,  
Side Salads, Deli Sandwiches & Bento Boxes

**CHICKEN CEASAR & GARDEN SALADS**  
**ASSORTED PRE-MADE DAILY SPECIALTY SALADS**

All Breads are delivered fresh everyday

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Chicken is whole muscle  
Chicken is grilled daily for salads

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Milk is hormone & antibiotic free

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All deli meats are Boar's Head



This institution is an equal opportunity providers





# November 2025

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 17 – November 21

Powering potential.

	MON	TUES	WED	THURS	FRI
<b>CENTER PLATE</b>	Spaghetti with Sausage & Peppers Garlic Bread	Beef Burrito Cilantro Rice & Salsa Black Beans	Loaded Popcorn Chicken & Tator Tot Bowl Broccoli	Chicken Dumplings Fried Rice & Steamed Snow Peas	Stuffed Shells Garlic Bread & Roasted Zucchini
<b>GRILL</b>	Chicken Quesadilla	Fish Tacos With Spicy Cole Slaw	Cheeseburger on Pretzel Bun With Spicy Bacon Jam	BBQ Chicken & Cheddar Panini	Grilled Cheese With Tomato Soup
<b>SANDWICH</b>	Caesar Salad Chicken Wrap				
<b>TEST KITCHEN</b>	<p style="text-align: center;"><u>Walking Taco Bar</u> Your Choice Of Doritos With Beef Salsa, Lettuce, Tomato, &amp; Sour Cream</p>				
<b>PIZZA</b>	Buffalo Chicken Stromboli				

**Menus are subject to change.**

*Available Everyday:*

**GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich

**PIZZA:** Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef

**EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

**CHICKEN CEASAR & GARDEN SALADS  
ASSORTED PRE-MADE DAILY SPECIALTY SALADS**

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Milk is hormone & antibiotic free



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# November 2025

## RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 24– November 28

Powering potential.

	MON	TUES	WED	THURS	FRI
<b>CENTER PLATE</b>	Chicken Penne Alfredo Garlic Bread Broccoli	Loaded Beef Nachos Fiesta Rice Seasoned Beans	Early Dismissal		
<b>GRILL</b>	Chicken Quesadilla	Pulled Pork & Cheddar Cheese Sliders	No Lunch Served		
<b>SANDWICH</b>	American Combo Sub				
<b>TEST KITCHEN</b>	<b>Disco Fries Bar</b> Classic French Fries with Gravy & Cheese topped with BBQ, Buffalo or Seasoned Chicken. Served with Broccoli Side Salad				
<b>PIZZA</b>	Pizza Bagels Pepperoni & Cheese				

Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Chicken Patty Sandwich

**PIZZA:** Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef

**EXPRESS:** Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

**CHICKEN CEASAR & GARDEN SALADS**  
**ASSORTED PRE-MADE DAILY SPECIALTY SALADS**

All Breads are delivered fresh everyday

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Chicken is whole muscle

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Chicken is grilled daily for all salads

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Milk is hormone & antibiotic free



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