



November 2025

MIDDLE SCHOOL **LUNCH MENU**

November 3 – November 7

| | | | EARLY DISMISSAL | | EARLY DISMISSAL |
|-------------------|--|---------------------|--|---|---|
| | MON | TUES | WED | THURS | FRI |
| THE DAILY PLATE | Spaghetti & Meatballs Garlic Breadstick Broccoli | ELECTION DAY | Pancakes Turkey Sausage Tator Tots | Honey Stung Popcorn Chicken WG Pretzel Green Beans | Maple Waffles Turkey Sausage Patty Sweet Potato Fries |
| BRING THE HEAT | Grilled Cheese | NO SCHOOL | | Meatball Grinder | Cheese Stuffed Breadsticks w/ Marinara Dipping Sauce |
| THE TOP SLICE | | | | | |
| STACK IT UP | Ham, | Turkey & Pepperjack | All American Sub Cheese with Lettuc | e & Tomato on a Su | ıb Roll |
| EAT WELL, BE WELL | | Bagel. | Yogurt & Cheese Lu | nch Kit | |

Menus are subject to change.

This institution is an equal opportunity provider.

please contact Andrea McCurry at

EADLY DICKNICCAL

amccurry@ridgefieldps.net

All Lunches must

include a fruit and/or

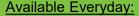
& may Include:

1% Low-Fat Milk OR

For questions, concerns or comments,

aramark STUDENT NUTRITION

Cups and drinking water are available in every cafeteria



GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese

DELI: Sunbutter & Jelly and Turkey & Cheddar

SALAD: Garden & Caesar Salad with & without chicken

Greek Yogurt Parfait with fruit & granola Student Lunch: \$3.25 Adult Lunch: \$4.00

Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free



Powering potential.



November 2025

MIDDLE SCHOOL LUNCH MENU

November 10 – November 14

EARLY DISMISSAL

| | MON | TUES | WED | THURS | FRI | | |
|-------------------|---|---------------------|--|--|---|--|--|
| THE DAILY PLATE | Pasta Bar with Meatsauce or Marinara Garlic Bread Zucchini | VETERANS DAY | Pulled Pork Sandwich French Fries Coleslaw | BBQ Chicken Cornbread Baked Beans | French Toast Sticks Turkey Sausage Sweet Potato Fries | | |
| BRING THE HEAT | Gochujang Hot Honey ChickenSandwich | NO SCHOOL | LTO: Gochuja Crispy Chicken Filet dipp | ang Hot Honey Chicken bed in Korean Hot Honey | | | |
| THE TOP SLICE | | | Pepperoni Pizza | | | | |
| STACK IT UP | | Chicken Caesar Wrap | | | | | |
| EAT WELL, BE WELL | Build Your Own Nacho Lunch Kit | | | | | | |

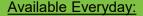
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aramark STUDENT NUTRITION

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GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese

DELI: Sunbutter & Jelly

SALAD: Garden & Caesar Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may Include: 1% Low-Fat Milk OR Skim Chocolate Milk

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November 2025

MIDDLE SCHOOL LUNCH MENU

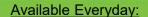
November 17 – November 21

| | MON | TUES | WED | THURS | FRI |
|-------------------|--|---|---|---|---|
| THE DAILY PLATE | Macaroni & Cheese Cornbread Glazed Carrots | Twin Beef Soft Taco Kickin' Pinto Beans | Chicken Dumplings Teriyaki Dipping Sauce Rice Broccoli | General Tso Chicken Rice Bowl Snap Peas | Boneless Chicken Wings Breadstick Baked French Fries |
| BRING THE HEAT | Fajita Chicken Flatbread | Chipotle Ranch Burger | Chicken Patty Sandwich | BBQ Burger | Grilled Cheddar Cheese Melt |
| THE TOP SLICE | | | Meatball Pizza | | |
| STACK IT UP | BBQ Cheddar Chicken Wrap | | | | |
| EAT WELL, BE WELL | Pretzel, Yogurt & Cheese Lunch Kit | | | | |

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GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese

DELI: Sunbutter & Jelly and Turkey & Cheddar

SALAD: Garden & Caesar Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

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November 2025

MIDDLE SCHOOL LUNCH MENU

November 24 – November 28

EARLY DISMISSAL

| | MON | TUES | WED | THURS | FRI |
|-------------------|---|--|---|----------------|--------|
| THE DAILY PLATE | Pasta Chicken Alfredo Garlic Stick Broccoli | Beef or Kickin' Bean Walking Taco Sante Fe Rice Street Corn | Honey Stung Popcorn Chicken Dinner Roll Baked French Fries | THANKS RECE | |
| BRING THE HEAT | Pizza Bagel | Chicken & Cheese Quesadilla | Grilled Cheese Melt | | |
| THE TOP SLICE | Pepperoni Pizza | | | HAPPY HAPPY | |
| STACK IT UP | Italian Combo Sub | | | W. Kerr | |
| EAT WELL, BE WELL | Bagel Yogurt & Cheese Lur | | ch Kit | SCHOOL | CLOSED |
| •• | | | For questions, concerns of | | |

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Available Everyday:

GRILL: Hamburger, Cheeseburger, Cheese Quesadilla

PIZZA: Cheese & Pepperoni

DELI: Sunbutter & Jelly

SALAD: Garden & Caesar Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may Include: 1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free