November 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU
November 2 – November 6

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Spaghetti with Meat Sauce Cheesy Garlic Bread Roasted Cauliflower	**ELECTION DAY**	Garlic Parmesan Chicken Roasted Potatoes Corn	Teriyaki Chicken Egg Fried Rice Snap Peas	Buffalo Chicken Macaroni and Cheese Baby Carrots
GRILL	Chicken Quesadilla		Philly Cheesesteak	Beef Gyros Lettuce, Tomato, Onion & Tzatziki sauce	Grilled Cheese, with or without tomato Tomato Soup
SANDWICH	**NO SCHOOL**				
	Mediterranean Chicken Wrap – with tzatziki sauce, diced chicken, lettuce, tomato, feta cheese, and black olives				
TEST KITCHEN	**Burrito Bowl Bar** Choose from brown or white rice, chicken, beef or beans & choice of veggies Top with guacamole, salsa or chipotle ranch sauce & chips				
PIZZA	Buffalo Chicken and Ranch Pizza Ranch base, Buffalo chicken, shredded cheddar, and mozzarella cheeses				

Menus are subject to change.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich
PIZZA: Cheese & Pepperoni
DELI: Made to Order Turkey, Ham, Chicken & Roast
EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh everyday
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Chicken is whole muscle Chicken is grilled daily for salads
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Milk is hormone & antibiotic free
~
All deli meats are Boar's Head

aramark STUDENT NUTRITION

This institution is an equal opportunity providers

November 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU
November 9 – November 13

Powering potential.











MON	TUES	WED	THURS	FRI
Crispy Chicken Mashed Potato Bowl with Gravy Peas	Beef and Cheese Enchiladas Cilantro Lime Rice Mexican Street Corn	**NO SCHOOL**	Chicken Pot Pie w/ Puff Pastry Parmesan Broccoli	Honey Mustard Glazed Chicken Breast Roasted Sweet Potatoes Green Beans
Chicken Quesadilla	Chicken Caprese Melt w/ pesto, provolone & balsamic reduction	**NO SCHOOL**	Chipotle BBQ Flatbread w/ Pepperjack Cheese	Grilled Cheese Grilled Cheese w/ Bacon
Autumn Turkey and Swiss Sandwich on a roll, with Cranberry Mayo, Lettuce, and Tomato				
Pasta Bar With Marinara, Alfredo, Chicken, Meatballs, and an assortment of vegetables		Stir Fry Bar White or Brown Rice, Chicken, Tofu, Broccoli, Bell Pepper, Onions, Snap Peas, and choice of sauce		
Pepperoni and Cheese Calzone LTO With Marinara Base, Pepperoni, Mozzarella, and served with pizza ranch for dipping				

Menus are subject to change.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich
PIZZA: Cheese & Pepperoni
DELI: Made to Order Turkey, Ham, Chicken, Roast Beef
EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

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November 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU
November 16 – November 20

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Honey Chipotle Chicken Macaroni and Cheese Green Beans	Beef and Cheese Lasagna Zucchini Garlic Knot	General Tso's Chicken, Veggie Egg Roll, Snap Peas	Beef Nachos Refried Beans, Queso, and assorted toppings	Chicken Tikka Masala Steamed Rice Garlic Naan Peas
GRILL	Chicken and Cheese Quesadilla	Chicken Apple Bratwurst with Caramelized Onions	Cheeseburger Sliders on Pretzel Bun	Turkey BLT	Grilled Cheese Grilled Cheese w/ Bacon Tomato Soup
SANDWICH	Pilgram Stacker with turkey, stuffing & cranberry mayo				
TEST KITCHEN	Grain Bar- Quinoa, Cous Cous, Rice, Roasted Vegetables, Chicken, Chickpeas, and assorted sauces			Macaroni and Cheese Bar Buffalo or BBQ Chicken & choice of veggies	
PIZZA	**Autumn Bacon Pizza** With, Bacon, Roasted Butternut Squash, Kale, Mozzarella, and Parmesan Cheese sauce Base				

Menus are subject to change.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich
PIZZA: Cheese & Pepperoni
DELI: Made to Order Turkey, Ham, Chicken, Roast Beef
EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

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November 2026

RIDGEFIELD HIGH SCHOOL
LUNCH MENU
November 23 – November 27

Powering potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Chicken Penne Alfredo Garlic Bread Broccoli	Honey Garlic Chicken Roasted Potatoes Broccoli			
GRILL	Chicken Quesadilla	Grilled Cheese Grilled Cheese w/ Bacon	EARLY DISMISSAL		NO SCHOOL
SANDWICH			NO LUNCH SERVED		
TEST KITCHEN	Boneless Wing Bar				
PIZZA	Hawaiian Pizza – Ham and Pineapple Pizza, Marinara base, and Mozzarella Cheese				

Menus are subject to change.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich
PIZZA: Cheese & Pepperoni
DELI: Made to Order Turkey, Ham, Chicken & Roast
EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits, Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

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