Drinking cups & water available in every cafeteria.

LUNCHPAD

MIDDLE SCHOOL LUNCH

November 2026

All reimbursable lunches **MUST** include a fruit, vegetable, or 100% vegetable juice and **MAY** include a 1% or skim chocolate milk

aramark STUDENT NUTRITION

Daily Vegetable Rainbow Tray

We offer 5 vegetable choices each day. Selections are based on seasonal availability and include:

Carrots, Grape Tomatoes, Cucumber, Celery, Broccoli, Bell Peppers, Corn, Peas, Garbanzo, Pinto & Black Beans

Lunch Price: Student: $3.65
Adult: $4.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Spaghetti & Meatballs w/ Marinara Sauce Garlic Knot Parmesan Green Beans	3 ELECTION DAY NO SCHOOL	4 EARLY DISMISSAL Mini Waffles Turkey Sausage Sweet Potato Fries	5 Chicken & Vegetable Dumplings Veggie Fired Rice Steamed Carrots	6 EARLY DISMISSAL French Toast Sticks Turkey Sausage Tater Tots
9 Pasta with Marinara or Meatsauce Garlic Breadstick Roasted Cauliflower	10 Beef Nachos Lettuce, Tomato & Cheese Kickin' Pinto Beans	11 VETERANS DAY NO SCHOOL	12 Zesty Orange Chicken Vegetable Egg Roll Steamed Broccoli	13 EARLY DISMISSAL Blueberry Waffle Turkey Sausage Hash Brown Rounds
16 Lasagna Roll Up Marinara Sauce Garlic Knot Roasted Broccoli	17 Twin Beef Soft Tacos Lettuce, Tomato, Cheese & Sour Cream Salsa Black Beans	18 Boneless Wing Bar w/ BBQ or Buffalo Sauce Soft Pretzel Celery & Carrot Sticks	19 Macaroni & Cheese WG Biscuit Green Beans	20 Pancakes Colby Cheese Omelets Smiley Fries
23 Chicken Penne Alfredo Garlic Bread Stick Roasted Broccoli	24 Taco Ground Beef & Cilantro Lime Rice Bowl Cinnamon Churro Mexican Street Corn	25 EARLY DISMISSAL Mini Waffles Turkey Sausage Tator Tots	26 Thanksgiving Recess	27 Thanksgiving Recess
30 Buffalo Chicken Macaroni and Cheese Roasted Carrots				

Menu items subject to change based on availability.

Available Everyday

GRILL — BRING THE HEAT

Monday / Wednesday / Friday
Chicken Tenders w/ Dinner Roll
Hamburger & Cheeseburger
Cheese Quesadilla

Tuesday / Thursday
Popcorn Chicken w/ Dinner Roll
Spicy & Breaded Chicken Sandwich
Grilled Cheese

PIZZA — THE TOP SLICE

Cheese & Pepperoni Pizza

Cheese Stuffed Breadsticks w/ Marinara Dipping Cup

DELI — STACK IT UP

Turkey & Cheddar Sub

Sunbutter & Jelly

Italian Combo or Buffalo Chicken Wrap

SALAD — EAT WELL, BE WELL

Garden & Caesar Salad with & without chicken & a dinner roll

Fruit & Yogurt Parfaits topped with Granola

Build Your Own Lunch Kits

For questions or comments, contact Andrea McCurry at amccurry@ridgefieldps.net

This institution is an equal opportunity provider.