



September 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

August 24 – August 28

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
			General Tso Chicken Egg Fried Rice Broccoli	Cheese Ravioli Garlic Breadstick Zucchini
			Beef Gyro Tzatziki Sauce Lettuce, Tomato & Onion	Grilled Cheese Grilled Cheese w/ Tomato
			Mac & Cheese Bar Classic Mac & Cheese w/ choice of toppings	
			Buffalo Chicken & Ranch Pizza	

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Chicken Patty Sandwich

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef

EXPRESS: Fresh Fruit Cups, Yogurt & Granola Parfaits,
Side Salads, Deli Sandwiches & Bento Boxes

CHICKEN CEASAR & GARDEN SALADS
ASSORTED PRE-MADE DAILY SPECIALTY SALADS

All Breads are delivered fresh
everyday
~

Chicken is whole muscle
~

Chicken is grilled daily for all
salads
~

Milk is hormone & antibiotic
free



This institution is an equal
opportunity providers



September 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

August 31 – September 4

Powering
potential.

	MON	TUES	WED	THURS	FRI
CENTER PLATE	Gochujang Chicken & Rice Garlic Soy Green Beans	Twin Beef Soft Tacos Cilantro Lime Rice Mexican Street Corn	Chipotle BBQ Chicken Bread Bowl Green Beans	Chicken Dumplings Veggie Rice Snap Peas	BBQ Pulled Pork Combread Corn on the Cob
GRILL	Chicken Quesadilla	Monte Cristo Melt	Cheeseburger Sliders	Chipotle Chicken Flatbread	Grilled Cheese Grilled Cheese w/ Bacon
SANDWICH					
TEST KITCHEN	<u>Pasta Bar</u> Choose Marinara, Meatsauce or Alfredo Top with Meatballs, Chicken & veggies				
PIZZA	Chicken Club Pizza				

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September 7 – September 11

Powering
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CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
	Lasagna Roll Ups Garlic Breadstick Broccoli	Orange Chicken Veggie Lo Mein Stir Fry Veggies	Chicken Parmesan Penne Pasta Garlic Knot Broccoli	Buffalo Chicken Mac & Cheese Carrots
LABOR DAY	Chicken Quesadilla	Philly Cheesesteak	Hot Honey Gochujang Chicken Sandwich	Grilled Cheese & Tomato Soup
SCHOOL CLOSED	<u>Nacho Bar</u> Tortillas topped with your choice of ground beef, beans, cheese, tomato, onion, corn, salsa & sour cream			
	Meatball Parmesan Grinder			

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RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 14 – September 18

EARLY DISMISSAL

Powering
potential.

CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA

MON	TUES	WED	THURS	FRI
	Loaded Beef Nachos Fiesta Beans	BBQ Chicken Potato Salad Corn on the Cob		
YOM KIPPUR	Chicken Quesadilla	Pulled Pork Pretzel Sliders	EARLY DISMISSAL	Grilled Cheese Grilled Cheese w/ Tomato
			NO LUNCH SERVED	
SCHOOL CLOSED	<u>Disco Fry Bar</u> French Fries topped with bbq or buffalo chicken, beef, gravy & cheese sauce			<u>Disco Fry Bar</u> French Fries topped with BBQ or buffalo chicken, gravy & cheese sauce
	Meatlovers Pizza			

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STUDENT
NUTRITION

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Powering
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CENTER PLATE

GRILL

SANDWICH

TEST KITCHEN

PIZZA



Pesto Chicken Flatbread



September 2026

RIDGEFIELD HIGH SCHOOL LUNCH MENU

September 21 – September 25

MON	TUES	WED	THURS	FRI
Spaghetti Carbonara Garlic Knot Broccoli	Twin Tacos Sante Fe Rice Fiesta Beans	Parmesan Garlic Chicken Drumstick Mashed Sweet Potato Breadstick	Sweet & Sour Chicken Veggie Egg Roll Snap Peas	Chicken Tikki Masala & Rice Bowl Mixed Veggies
Chicken Quesadilla	Turkey Reuben on Rye	Chicken Fajita Wrap	Beef Burrito	Grilled Cheese Grilled Cheese w/ Tomato
Boneless Wing Bar Buffalo or BBQ Boneless Wings With Curly Fries Carrot & Celery Sticks with Ranch or Blue Cheese				
LIMITED TIME OFFERING - PESTO CHICKEN FLATBREAD Pesto Mozzarella Flatbread topped with roasted chicken, onions, zucchini, roasted red peppers & basil				

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