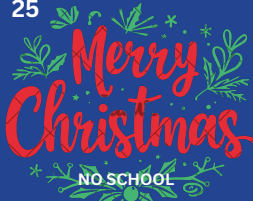
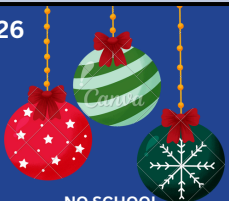


ECLC Elementary Lunch Menu December 2025



Director of Food & Nutrition

Brandi Culver | Phone: 814-827-2715 ext.1460 | Email: bculver@gorockets.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
1 No School	2 Meatball Hoagie or Grilled Cheese Sandwich Green Beans	3 Cheese Ravioli with marinara & garlic toast or Hamburger on bun Steamed Broccoli	4 Hot Dog on bun or Cheese Pizza Steamed Carrots	5 Hot Turkey & Cheese Sandwich or Corn Dog Nuggets BBQ Baked Beans
8 Italian Dunkers w/marinara or Chicken Nuggets w/bread Italian Chickpeas	9 Popcorn Chicken w/rice or Grilled Cheese Sandwich Fresh Broccoli	10 Yogurt Parfait w/crackers or Hamburger on bun Mixed Vegetables	11 Chicken Quesadilla or Cheese Pizza Stewed Tomatoes	12 Macaroni & Cheese w/garlic toast or Corn Dog Nuggets Peas
15 Hot Turkey & Cheese Sandwich or Chicken Nuggets w/bread Green Beans 	16 Breaded Chicken Patty on bun or Grilled Cheese Sandwich BBQ Baked Beans	17 French Toast Sticks w/syrup & sausage patties or Hamburger on bun Tater Tots 	18 BBQ Pulled Pork Sandwich or Cheese Pizza Steamed Broccoli	19 Fish Sticks w/garlic toast or Corn Dog Nuggets Carrots 
22  Fiestada Pizza or Chicken Nuggets w/bread Steamed Broccoli	23 BBQ Rib on bun or Grilled Cheese Sandwich Italian Chickpeas	24  NO SCHOOL	25  NO SCHOOL	26  NO SCHOOL
29 No School	30 No School	31 No School	Happy Holidays Serving you healthy, tasty favorites is a gift to us.	

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate,
Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS