









Director of Food & Nutrition

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Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
2 Cheese Filled Breadsticks w/sauce Chicken Nuggets w/bread Italian Chickpeas <i>Groundhog Pudding Dessert</i>	3 Lasagna Roll ups w/garlic toast Grilled Cheese Sandwich Fresh Baby Carrots	4 Popcorn Chicken w/rice Hamburger on bun Mashed Potatoes	5 Meatball Hoagie Cheese Pizza Steamed Broccoli	6 Fiestada Pizza Corn Dog Nuggets Green Beans
9 Macaroni & Cheese w/garlic toast Chicken Nuggets w/bread Steamed Peas	10 BBQ Pulled pork on bun Grilled Cheese Sandwich BBQ Baked Beans	11 French Toast Sticks w/syrup & sausage patties Hamburger on bun Tater Tots	12 Hot Ham & Cheese Sandwich Cheese Pizza Fresh Cucumber Slices	13 Breaded Chicken on bun Corn Dog Nuggets Steamed Carrots
16 	17 Pepperoni Pizza Grilled Cheese Sandwich Green Beans	18 <i>Ash Wednesday</i> Cheese Ravioli w/marinara & garlic toast Hamburger on bun Steamed Broccoli	19 Hot Dog on bun Cheese Pizza French Fries	20 Fish Sticks w/garlic toast Corn Dog Nuggets BBQ Baked beans
23 Italian Dunkers w/sauce Chicken Nuggets w/bread Italian Chickpeas	24 Popcorn Chicken w/rice Grilled Cheese Sandwich Steamed Broccoli	25 Fruit & Yogurt Parfait w/crackers Hamburger on bun Mixed Vegetables	26 Chicken Quesadilla Cheese Pizza Stewed Tomatoes	27 Macaroni & Cheese w/garlic toast Corn Dog Nuggets Steamed Peas

Enjoy a sweet treat at lunchtime.

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate, Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
 Dark Leafy Greens | Legume Salads
 Celery & Cucumber

*May choose two 1/2 cup servings
 Crisp Apple | Sliced Peaches | Mixed Fruit
 Fresh Orange | Banana | Pineapple Tidbits
 Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
 9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

