

# KEEP IN TOUCH

## EARLY CHILDHOOD LEARNING CENTER PARENT NEWSLETTER – February 2026

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### KEEP IN TOUCH

It is very important to communicate with the school and teachers. Staying in touch is important to help us in the education process. If you have a question or concern, email is a great way to communicate with the teacher. For more immediate feedback, our teachers also use the Remind App. If you haven't signed up for this, you still can. You will receive classroom reminders and can ask individual questions through the app on your cell phone. Thank you for "Keeping in Touch".



### PRINCIPAL NEWS

I can't believe it is already the second semester. January seems to have flown by. February will bring lots of fun activities and events to the ECLC: The 100<sup>th</sup> Day of School, Groundhog Day, and Valentine's Day. The students are so excited about these upcoming fun days.

We have wrapped up mid-year assessments and report cards have come home. We will continue to work toward the end of the year goals in both Prekindergarten and Kindergarten. If we are seeing any areas of concern, teachers will reach out to families to let them know what we are seeing and what we can do to assist your child through a team approach. It is best to work together. We also begin to consider retention and let parents know if this is something that we may think would be an option.

Fundraiser information will come home in February. We will be conducting our annual Read-a-Thon again this year. Students set a reading goal for the month of March, ask family and friends for pledges toward their goal, and then read through the month of March to reach their goal. We love this fundraiser because it promotes reading, which our students enjoy and are getting good at. Thank you for working with all of us. We appreciate your patience and support.

### COUNSELOR'S CORNER - Mrs. Nichols

Hello from the school counselor! We will continue working together on social emotional skills during monthly classroom lessons. Both Prekindergarten and Kindergarten lessons will be on Whole Body Listening. As a reminder, I also run many small groups and am available for individual support for students. Please call with any needs.

Has your child talked with you about earning Bee Bucks for positive behavior? Take a moment to ask them about this program and about the reward they are saving for. It is a fun and reinforcing system for all of the students!

Finally, we will be celebrating Valentine's Day with parties in our classrooms. If you need Valentine's cards for your child to give out, please call the school office or email me at [tnichols@gorockets.org](mailto:tnichols@gorockets.org)

## **HEALTH ROOM HAPPENINGS – Mrs. McAllister**



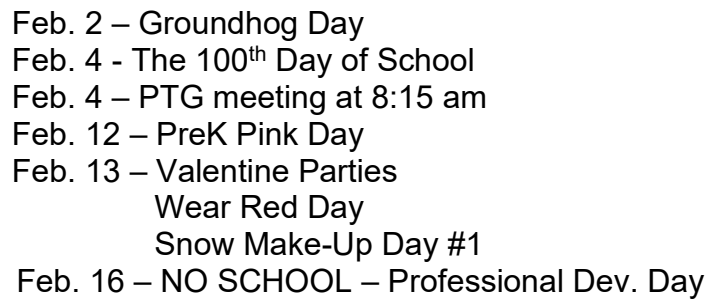
- February is Dental Health Month. Please teach and assist your student with good dental hygiene which includes:
  - Brushing teeth for two minutes twice a day
  - Floss teeth once a day
  - Visit the dentist twice a year
  - Avoid sugary drinks and foods
  - Encourage your child to at least rinse mouth with water after enjoying their Valentine's Day candy
- Regular physical activity is vital for kids. Here are a few ways to keep kids active during the winter months:
  - Indoor scavenger hunt from room to room to find list of items
  - Indoor obstacle course-crawl through, jump over, run around
  - Dance parties
  - When watching TV, do exercises during commercials like jumping jacks, running in place, or duck walks
- Winter air is very dry. Please send a water bottle to school with your student and encourage drinking lots of water during the day.
- Please keep an extra set of clothing in your child's backpack in case of accidents.

## **MUSIC NOTES - Miss H**

Wow! I can't believe it is already February! The Prekindergarten and Kindergarten students have been busy reviewing skills and learning new things! The PreK students have been working on moving in a controlled way to music, using singing voices to show high and low, and playing all kinds of new instruments! They have also had lots of practice with new rhythms and rhymes. The Kindergarten students have been so busy learning folk dances from Denmark, England, France, and Ireland (just to name a few places). We still have so much to do this year, but our start to 2026 has been fantastic! One other note: we are running low on tissues in the music room. If you would like to send a box, I would appreciate it very much! Thank you.



## IMPORTANT DATES



Happy Valentine's day!