

ECLC Elementary Lunch Menu November 2025



Director of Food & Nutrition

Brandi Culver | Phone: 814-827-2715 ext.1460 | Email: bculver@gorockets.org

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Turkey & Cheese Sandwich or Chicken Nuggets w/bread Golden Corn	4 Hot Dog on bun or Grilled Cheese Sandwich BBQ Baked Beans	5 French Toast Sticks w/syrup & sausage patties or Hamburger on bun Tater Tots	6 No School	7 No School
10 Fiestada Pizza or Chicken Nuggets w/bread Steamed Broccoli	11 Hot Ham & Cheese Sandwich or Grilled Cheese Sandwich Italian Chickpeas	12 Yogurt Parfait w/crackers or Hamburger on bun Mixed Vegetables	13 BBQ Pulled Pork Sandwich or Cheese Pizza Golden Corn	14 Fish Sticks w/garlic toast or Corn Dog Nuggets Steamed Carrots
17 Macaroni & Cheese w/garlic toast or Chicken Nuggets w/bread Steamed Peas	18 Lasagna Roll up w/garlic bread or Grilled Cheese Sandwich Fresh Carrots	19 <i>Thanksgiving Feast</i> Roast Turkey in gravy w/stuffing, cranberry sauce & bread or Hamburger on bun Mashed Potatoes * Dessert	20 Meatball Hoagie or Cheese Pizza Steamed Broccoli	21 Cheeseburger on bun or Corn Dog Nuggets BBQ Baked Beans
24 Cheese Filled Breadsticks w/sauce or Chicken Nuggets w/bread Italian Chickpeas	25 Soft Beef taco or Grilled Cheese Sandwich Steamed Carrots	26 French Toast Sticks w/syrup & sausage patties or Hamburger on bun Tater tots	27 <i>Happy Thanksgiving</i> NO SCHOOL	28  NO SCHOOL



WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate

Choice of Vegetable, Choice of Fruit*

Choice of Grain/Bread, and Choice of Milk

*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate,
Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots

Dark Leafy Greens | Legume Salads

Celery & Cucumber

*May choose two 1/2 cup servings

Crisp Apple | Sliced Peaches | Mixed Fruit

Fresh Orange | Banana | Pineapple Tidbits

Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.

9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

This institution is an equal opportunity provider.
Menu subject to change.

