

## Who should be referred?

Anyone age 7-18 (18 if still enrolled in High School) who is experiencing some degree of depression, anxiety or trauma related concern.

Anyone who is having some degree of impaired functioning in the home, school or community settings.

Anyone coming out of, or trying to prevent, an in-patient hospitalization.

Anyone having concerns related to any type of peer pressure or sexual identity concerns.

Anyone who may be engaging in self-harm activities or may be having suicidal thoughts.

### Warning signs of suicide:

- sleeping or eating more than usual
- showing little or no interest in pleasurable activities
- withdrawing from others

## Referrals can be made by:

Referrals can be made by anyone. There does not need to be a Psychiatric Evaluation completed prior to attending Partial. Typical referral sources are: Outpatient Clinics, Schools, Inpatient Hospitals, BHRS Providers, Family-Based Service Providers, and Venango Co. Human Services. We also accept self-referrals.

A tour of the program can be accommodated upon request.

For more information, please contact Paul Ceprish MS, Director of Children's Programs 814-670-0353

### Warning signs of suicide continued:

- reckless behavior that is out of character
- expressions of being a burden or having no value
- frequent talks of death or dying
- self-harming or injuring self on purpose



## CHILD & ADOLESCENT ACUTE PARTIAL HOSPITALIZATION PROGRAM

*Regional Counseling Center  
806 Grandview Road, Oil City  
(814) 670-0353*

## Who we are...

The Child & Adolescent Acute PHP is a time-limited, intensive, structured, therapeutic program designed to help young people between the ages of 7-18 (18 if they are still enrolled in school).

Our staff consists of a Program Director, 2 Masters Level Therapists, a Bachelors Level Mental Health Worker, and a Child Psychiatrist. During the traditional school year, we have an Emotional Support Teacher and para-professional through the IU6 who assist with educational needs.

*Ask us about our School-Based Counseling Program (convenient, confidential, in-school therapy) and our Parent Child Interactive Therapy (PCIT) for children under the age of 7.*

## About The Program...

Treatment is intended to be short-term, approximately 20-40 days.

Hours are 8:15am-2:15pm  
Monday through Friday.

Daily therapeutic groups and skill-building groups with weekly individual sessions with an on-site therapist

A minimum of 3.5 hours of educational instruction with an on-site Emotional Support Teacher.

Lunch is provided.

Weekly psychiatric services are available to provide evaluations and monitor medication needs

Aftercare planning prior to discharge.

Family sessions as determined by the treatment team.

## Our Mission...

The Regional Counseling Center, Inc. is committed to providing quality, recovery-focused mental health services to the consumers we serve.

Services are designed to assist in the emotional stabilization of the adolescent; so that they may improve their lives, be encouraged to take personal responsibility, and gain more opportunities for success in the home, school, and community settings.

