

Who should be referred?

Students who have a level of impaired functioning in home, school, or community settings, such as:

- Isolation
- Lack of engagement with peers or family
- Withdrawn from interests
- Feelings of inadequacy

Self-harming behaviors, such as:

- Suicidal ideations
- Promiscuous activities
- Drug or alcohol use
- May be going through/have gone through a crisis, such as:
 - Death of family member or friend
 - Parents' divorce

May be diagnosed with depressive disorders, anxiety disorders, and/or trauma-related disorders

Referrals can be made by:

Typically, the Student Assistance Program (SAP) within each school will assist with making a referral. However, that is not necessary in all cases. We accept referrals from anyone, including self-referrals.

For more information, please contact Paul Ceprish MS,
Director of Children's Programs
814-670-0353

Becky Lepley BA, Therapist 814-673-3006



SCHOOL-BASED OUTPATIENT COUNSELING PROGRAM

*Regional Counseling Center
815 Grandview Road, Oil City
(814) 676-5614*

Alternative Address:

*806 Grandview Road, Oil City
(814) 670-0353*

Who we are...

The Regional Counseling Center's School Based Therapy Program is an outpatient service located directly in the school to maximize academic success and reducing the need to leave the school setting.

We are currently providing this therapeutic service in the following districts: Titusville and Oil City.

Our staff consists of a Program Director, and a Masters Level Therapists. If medications are desired, we also have a Psychiatrist, CRNP and a nursing staff that would assist in that area.



About the program...

- ✓ Treatment is intended to be confidential and non-intrusive
- ✓ Sessions are conducted in the school setting
- ✓ There is a family component, especially for those under the age of 14
- ✓ Individualized treatment plans are developed to address issues of: conflict resolution, problem solving, minimize effects of bullying, improve attendance, address issues related to social media, increase self-esteem, improve academic performance, sexual identity concerns

Ask us about our Parent Child Interactive Therapy (PCIT) for children under the age of 7

Our Mission...

The Regional Counseling Center, Inc. is committed to providing quality, recovery-focused mental health services to the consumers we serve.

Services are designed to assist in the emotional stabilization of the adolescent; so that they may improve their lives, be encouraged to take personal responsibility, and gain more opportunities for success in the home, school, and community settings.

“Nothing is IMPOSSIBLE,
the word itself says,
I’M POSSIBLE!”

- Audrey Hepburn