

# Nazareth School News

Office: (619)641-7987 Fax: (619)280-4652 August 22, 2025 Preschool: (619)641-7954 Extended Care: (619) 458-7313

## ANNUAL ASSURANCE OF COMPLIANCE WITH POLICY ON RACIAL NONDISCRIMINATION

Nazareth School of San Diego, Inc., located in the Diocese of San Diego, mindful of its mission to be witnesses to the love of Christ for all, admits students of any race, color, and national and/or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the schools in the Diocese of San Diego. Nazareth School of San Diego, Inc. does not discriminate on the basis of race, color, and national and/or ethnic origin, age, sex or disability in administration of educational policies, scholarship and loan programs, and athletic and other school-administered programs. Likewise, Nazareth School of San Diego, Inc. does not discriminate against any applicant for employment on the basis of sex, age, disability, race, color and national and/or ethnic origin.

### WEEK AT A GLANCE – Aug. 25-29

#### **MON**

**TUES** 7:30am, Staff Prayer  
Hot Lunch Orders Due  
3-4:00pm, Staff Meeting

#### **WED**

**THU** 8:05am, Morning Assembly  
Paul Effman Music Program Demonstration at Assembly

**FRI** 8:15am, Mass at St. Francis Chapel  
All are welcome to attend

**Reminder: No School Monday, September 1,  
Labor Day Holiday**

### CATCH OF THE WEEK



This year we will continue the "Catch of the Week." During the week, if a child is caught doing a good deed, he/she will receive a small prize and treat at morning assembly; and their names are announced in the Nazareth School News. Putting their names into the weekly newsletter is our way of

recognizing the students for their good deeds.

**Congratulations to:** Ms. Burgos, Teachers and Staff and all of our new students who were caught doing good deeds this week!  
**WHO WILL BE CAUGHT NEXT WEEK???**

### HOT LUNCH

The Hot Lunch program will begin Tuesday, September 2. Please look for the September menu in today's envelope. **Lunches are \$5.50 each and "pay in advance" only.** Hot lunches may not be purchased on a daily basis. Parents, please know that if your child(ren) come to school without a lunch, you will be called to bring him/her a lunch. Orders must be returned by the deadline date indicated on the menu. There is a short turn-around time for this month, so don't delay. **Orders are due Tuesday, August 26.**



# RECESS

10:00 – 10:20 a.m.  
Morning – Send a snack  
11:55 a.m. – 12:30 p.m.  
Lunch

### FAMILY ENVELOPES

Nazareth School uses a Family Envelope system as a means of getting information home to parents. The envelope goes home with the eldest or only child in every family. We ask that you use this envelope to return information to the school and use it as your means of communication when necessary. The envelope goes home every Friday and should be returned on Monday and certainly no later than the following Wednesday. Parents, please sign or initial the front of the envelope in the appropriate box each week.

### IMPORTANT POLICY

All volunteers and visitors must sign in at the school office and wear a "Volunteer" or "Visitor" badge to remain on the school grounds after the morning bell. All Volunteers must be CMG cleared, both the background check and safe environment. The safety and best interest of all the children is our first priority, so please check in at the office.

### PERMIT TO LEAVE

Parents who need to pick up a child early must go to the office to sign him/her out. No student may leave the grounds during school hours without being signed out. Parents, please send a note or email to the teacher and to [office@nazarethschool.org](mailto:office@nazarethschool.org) in the morning so your child can be ready with homework, when you come to pick him/her up. This will cut down on classroom disruptions.

### MORNING EXTENDED CARE

Morning extended care opens at 7:00am. Students must go to the extended care room or sit with you in your parked car prior to 7:50am. Any student arriving after 7:50am will not be charged for extended care services. Students arriving early will be charged up to 7:50am. Students may not go to the classroom until the 7:55am bell. The extended care fee is \$5.00 per hour.

### TARDIES

Children need to be at school on time. Please encourage your child to be prepared in the morning and allow a little extra travel time. If your child is late, he/she must go to the office for a Tardy Slip.

### MEDICATIONS

If your child(ren) will be needing any medication during school hours, please stop by the office to fill out a new medical release form. We must have a new form each year.

## Continuation of Nazareth School News

### SPORTS

Nazareth School's Fall Sports season is about to get underway!

Our sports are:

- Girls Volleyball: Volleyball is open to girls in grades 5-8.
- Flag football: Football is open to boys in grades 5-8.

For both football and volleyball - we will have a Varsity team, (grades 7 & 8) and a JV team, (grades 5 & 6).



Permission slips are available in the school office if you are interested in joining the teams. Go Eagles!!

### COACHES NEEDED

We will need coaches for the Fall Sports Var & JV Football and Volleyball. If you can assist us in any of these areas, please contact Mr. Brown at [pe@nazarethschool.org](mailto:pe@nazarethschool.org).

### NAZARETH CHEER

Calling all interested 5<sup>th</sup>-8<sup>th</sup> grade students to come join Nazareth Cheer. Permission slips are available in the school office. Look for more details to come! Go Eagles!



*Nazareth, "A school with a Mission," develops faith-filled learners who are guided by the Core Values of the Sisters of Nazareth, providing academic excellence rooted in Catholic traditions.*

### STUDENT COUNCIL 2025-26

President	Sydney Conway
Vice President	Julia Imaz
Secretary	Jack Rentto
Asst. Secretary	Charlie Jerome
Treasurer	Gabriel Ladisa
Asst. Treasurer	Tinsley Bowman
Religious Activities	Lucas Cutri
School Spirit	Ella Lovette-Colyer
Asst. School Spirit	Connor Gingras



### *Nazareth School Prayer*

*Lord Jesus,*

*You were once a child in the Holy Family of Nazareth.*

*We are gathered as a family at Nazareth School.*

*Bless San Diego, our city.*

*Preserve it from violence and hatred.*

*Bless our school and all who come here.*

*Guide and strengthen the teachers and all who work here.*

*Help us to be kind to one another and cheerful each day.*

*Fill us with your Holy Spirit, so that we may grow in your love and*

*learn to love one another. Amen*

*Holy Family of Nazareth*

*Watch over us and protect us.*



*- WELCOME -*  
**BACK TO SCHOOL**





## Join the Nazareth School Chess Team!

### **Sign Up Today** **\$ 120.00**

Fee for the after-school chess club includes:

- 6 weeks of chess instruction
- Intra-school tournament competition
- Awards presented to all students

**Register & Pay Online**  
**[www.excelsiorchess.com](http://www.excelsiorchess.com)**

or

Make check payable to: Excelsior Chess

Mail with permission slip to:  
2958 Escala Circle  
San Diego, CA 92108

**When: Tuesday**

**Time: 2:55 p.m. to 3:55 p.m.**

**Dates: 9/16, 9/23, 9/30, 10/7, 10/14, 10/21**

**Location: Computer Lab**

**Enrollment open to 1<sup>st</sup> thru 8<sup>th</sup> grade!**

Excelsior chess employs experienced coaches who have a love for children and a passion for using the game of chess to develop their minds and their hearts, and to reach out and connect with others.

### **Life Skills Cultivated:**

Critical thinking  
Mental discipline  
Decision making  
Improved socialization

Self Confidence  
Observation skills  
Sportsmanship  
Leadership and mentoring

For more information, contact us at (619) 246-3396 or [mhedman@excelsiorchess.com](mailto:mhedman@excelsiorchess.com)

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***I give permission for my child to participate in the after-school chess team with Excelsior Chess. I understand that it is my responsibility to arrange adult supervision immediately after chess team practice.***

School: Nazareth School Day: Tuesday Time: 2:55 p.m. to 3:55 p.m. Session: 9/16/25 – 10/21/25 Cost: \$120.00

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Mobile Phone #2: \_\_\_\_\_

Email Address: \_\_\_\_\_

After Chess Club: \_\_\_\_\_ Pick Up \_\_\_\_\_ Day Care \_\_\_\_\_ Other \_\_\_\_\_ Allergies: \_\_\_\_\_





# NEW FAMILY MENTORS NEEDED!!!

Please email [nazarethschoolptg@gmail.com](mailto:nazarethschoolptg@gmail.com)  
or scan the QR Code Below

**SCAN HERE:**

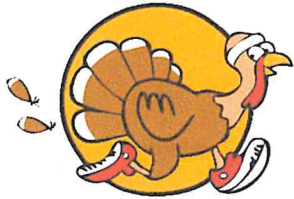
<https://forms.gle/qE5rYddyUEvMJLHF6>



**10 SERVICE  
HOURS**



# UPCOMING VOLUNTEER OPPORTUNITIES/EVENTS:



10/24 Halloween Carnival

11/21 Turkey Trot

11/30 Campus Christmas  
Decorations



1/4 Campus Decoration Take-Down

1/23 Mother/Son Dance

1/30 Grandparent's Day

2/20 Father/Daughter Dance

4/18 Naz Night Fundraising Gala

TBD MAY Golf Tournament

<https://forms.gle/5TVn7piuNowUADJq8>



or



↑ Scan me!








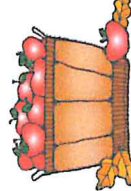
Directions: ONE ORDER FORM PER CHILD

1. Circle or X the meals you wish to buy
2. Complete the information at bottom
3. Make check payable to "Nazareth School"
4. Return order to school by deadline date below
5. DO NOT staple or tape check to order form

# September 2025

## Nazareth School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Salads available every Monday and Wednesday - circle meal <u>or</u> salad	1 LABOR DAY NO SCHOOL	2 Beef Taquitos Lettuce & Cheese Spanish Rice	3 Hot Dog Chips  OR Garden Salad w/Chicken	4 Chicken Tenders Steamed Corn	5 Minimum Day No Hot Lunch for students	6
7 PLEASE NOTE: All meals include water, treat, fruit, jello or yogurt	8 Macaroni & Cheese Steamed Vegetables  OR Southwest Chicken Salad	9 Chicken Taquitos Lettuce, Cheese Spanish Rice	10 Chicken Patty Sandwich Tater Tots  OR Chicken Caesar Salad	11 Chicken Nuggets Mashed Potatoes	12 Pepperoni Pizza Garden Salad 	13 
14	15 Chicken & Penne Pasta w Marinara Sauce Steamed Carrots  OR Chicken Caesar Salad	16 Beef Taquitos Lettuce & Cheese Spanish Rice	17 Hawaiian Roll Slider w/ Ham & Cheese Chips  OR Southwest Chicken Salad	18 Chicken Tenders Steamed Corn	19 Pepperoni Pizza Garden Salad 	20
21 	22 Turkey Wrap Veggies w/Hummus  OR Garden Salad w/Chicken	23 Chicken Taquitos Lettuce, Cheese Refried Beans	24 Teriyaki Chicken Steamed Rice  OR Chicken Caesar Salad	25 Chicken Nuggets Mashed Potatoes	26 Pepperoni Pizza Garden Salad 	27
28	29 Spaghetti w/Meatballs Green Beans  OR Spinach Salad w/Berries & Chicken	30 Beef Taquitos Lettuce & Cheese Spanish Rice				

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Number of Meals Ordered: \_\_\_\_\_ x \$5.50 = \$ \_\_\_\_\_ Check Number: \_\_\_\_\_

Checks payable to: Nazareth School & Only Lunch Payments Please Orders are due by: **Tuesday, August 26**