



## PRESCHOOL NEWSLETTER

August 22, 2025

Dear Preschool Families,

The first three days of school were off to a great start! It was wonderful to see you and your beautiful children walking into the preschool. The children were happy and enjoyed their time in the classroom. Thank you for choosing Nazareth Preschool. We are blessed to have all of you here with us!

The children will continue to adjust to their classroom setting and routine. Please be sure to say your good-byes at the door. Keep in mind that for some children it may take a little longer to adjust and we will continue working with your child.

**REMINDERS:** Children **MUST** wear tennis shoes and comfortable clothes. NO boots, CROCS, ballerina/heeled shoes or sandals/slippers. Children **MUST** be fully potty trained. No diapers or Pull-ups.

Please remember to sign your child in and out every day! Full signature **NO** initials! This is a State Licensing Regulation.

Nap time is two hours of resting or napping. Sunflower nap time is from 12:45pm-2:45pm and the Buzzy Bees nap time is from 12:30pm-2:30pm. Children must keep their shoes on during nap time. No stuffed animals. Please bring your child's nap bundle on Monday.

Each child **MUST** have an Emergency Kit. Please bring your child's kit by Friday, September 5.

You will find the September Hot Lunch order in your family envelope today. Orders are due on Tuesday, August 26.

I want to thank the families who responded quickly to signing up to bring muffins, veggies and fresh fruit. We greatly appreciate all your help. Remember to keep track of your service hours

and save your receipts. Snacks **MUST** be store bought/prepackaged. Thank you to the Sunflower and Buzzy Bee parents who brought in snacks this first week. Muffins (Benet & Fernandez), and fresh fruit (Santiago & Basore).

Be sure to check your child's file folder every day for any class or school announcements. Each class has a file box on top of the sign in table. Family envelopes are placed in file folders on Friday.

### **NAZARETH HOUSE SENIOR VISITS**

The preschool will visit Nazareth House on the second Wednesday of each month. We will leave at 10:00am and return by 11:00am. We will walk up the pathway between Nazareth School and Nazareth House. The children will be parading around Nazareth House singing songs and special prayers to the seniors. Please send your children in tennis shoes/walking shoes. If you have not turned in your child's permission slip (bright orange paper), you will find one in today's envelope. Please complete and return as our first visit is on Wednesday, September 10.

### **GROTTO DAY**

Every third Thursday of the month the preschool will visit the grotto which is located on the Northwest side of the preschool building. We will meet from 9:30 am – 10:00 am. If you have not turned in your child's permission slip (bright yellow paper), you will find one in today's envelope. Please complete and return as our first visit to the Grotto is on Thursday, September 18.

### **PRESCHOOL OPERATING HOURS**

The preschool operating hours are 7:00 am to 6:00 pm. We will provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). We will NOT offer aftercare on half days.

### **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance roundabout in front of the St. Joseph's building. Parents may enter the building to drop-off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

### **AFTERCARE**

We will provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room). We lock the main entrance door promptly at 4:00 pm and transition the children to aftercare.

Please know that your child's teacher will be arriving late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

I want to thank you for your patience and understanding as we are working together and making this a smooth transition for your children.

### **PARENT VOLUNTEER REQUIREMENTS**

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

### **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

### **Important Dates to Remember:**

Sept. 1- Labor Day Holiday / No School  
 Sept. 5- Half Day / Preschool Close at Noon  
 Sept. 10- Preschool visits Nazareth House  
 Sept. 18- Visit the Grotto at 9:30 am

Have a fabulous weekend!

God Bless,

Georgina Barragan  
 Nazareth Preschool Director