



## **PRESCHOOL NEWSLETTER**

August 29, 2025

Dear Preschool Families,

As the children end their first full week of school, they continue to adjust to their classroom and routine. We ask that you please drop off and say your good-byes at the door. The children continue to practice their self-help skills in the morning, by putting their lunch box and water bottle away at drop off.

This week Mrs. McDowell and Mrs. Mahler continued to practice the sign of the cross, prayers and classroom rules with the children. During religion, the teachers talked about being a good friend and how God loves them. The children drew a self-portrait and dictated how they will be a good friend to others. They also colored a rainbow. On Tuesday, the Sunflowers walked up to the library for their first visit with Mrs. Martinez.

Ms. Fitts and Mrs. Sebring continued to review classroom rules. Every day when the children come into their class in the morning, they sign in by tracing their name. This is a great way to practice pre-writing skills. The children dot painted their nap angel. The angels will be displayed on the wall in the classroom through the school year. As they prepare for geography next week, each child made a suitcase out of construction paper. On Thursday, the children water colored their name. The Buzzy Bees will begin their library visits next Wednesday.

On Thursday, we had a practice Earthquake Drill and Fire Drill. The children did a great job listening and walking quietly.

Today, the Sunflowers and Buzzy Bees had their first P.E. day with Coach Brown!

We ended our week celebrating Mrs. McDowell's birthday in the music room! The children and staff had a special treat.

Be sure to check your child's file folder every day for any class or school announcements. Each class has a file box on top of the sign in table.

**REMINDERS:** The school will be closed on Monday, September 1, Labor Day holiday. Friday, September 5 is a half day. Preschool will close at noon and NO aftercare.

### **SIGN-IN & OUT**

Please remember to sign your child in and out every day! Full signature **NO** initials! This is a State Licensing Regulation.

### **EMERGENCY KIT**

Each child **MUST** have an Emergency Kit. Please bring your child's kit by Friday, September 5.

### **SNACKS**

We want to thank the families who brought the muffins, veggies and fresh fruit. We greatly appreciate all your help. Muffins (Secada-Lovio, Santiago, Fernandez & Lengel), veggies (Santiago & Tilghman) and fresh fruit (Santiago & Ricker). Remember to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

### **NAZARETH HOUSE INTERGENERATIONAL PROGRAM**

If you have not turned in your permission slip, please do so ASAP! (orange paper). First visit is on Wednesday, September 10.

### **GROTTO DAY**

If you did not turn in your permission slip, please do so ASAP! (bright yellow paper). First visit is on Thursday, September 18.

### **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance roundabout in front of the St. Joseph's building. Parents may enter the building to drop-off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

## **AFTERCARE**

We will provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room). We lock the main entrance door promptly at 4:00 pm and transition the children to aftercare.

Please know that your child's teacher will be arriving late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

I want to thank you for your patience and understanding as we are working together and making this a smooth transition for your children.

## **PARENT VOLUNTEER REQUIREMENTS**

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

## **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

### **Important Dates to Remember:**

Sept. 1- Labor Day Holiday / No School

Sept. 5- Half Day / Preschool Close at Noon

Sept. 10- Preschool visits Nazareth House

Sept. 18- Visit the Grotto at 9:30 am

Have a fabulous three-day weekend!

God Bless,

Georgina Barragan  
Nazareth Preschool Director