

# Hawlemont Regional School

## Lunch

*Part of the Mohawk Trail  
Regional School System*

*Breakfast served everyday.  
We offer Peanut Butter and  
Jelly on Wheat Bread or  
American Cheese on Wheat  
Bread as Alternative to the  
Hot Meal. We offer a full  
salad bar as part of our  
lunch everyday*

Café Manager-  
Rachel Gammell  
Café Assistant  
Heather Lengieza

**Apply for free/reduced  
priced meals at any time.  
Inquire in the office**

**Hawlemont Main Office-  
413-339-8316  
Hawlemont Fax-  
339-5760**

*Although we strive to  
provide exactly what is  
on our printed menus  
they are subject to  
change due to  
supply shortages or  
other unforeseeable  
events. Thank you for  
your understanding*

The USDA and the  
MDESE are equal oppor-  
tunity providers and  
employers.

Food Service Director:  
Tammy Coombs  
tcoombs@mohawkschools.org



Mon

Tue

Wed

Thu

Fri

# September 2025



25

26

27

**Chicken Nuggets**  
Corn  
Fruit & Milk

28

**Pizza**  
Broccoli  
Fruit & Milk

29

**Cheeseburger**  
Fries  
Fruit & Milk



*12:30 Release*

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1

**NO SCHOOL**  
**LABOR DAY**



2

**Yogurt Parfait**  
Soft Pretzel  
Bean Salad  
Fruit & Milk

3

**KFC Bowl**  
Corn  
Biscuit  
Fruit & Milk

4

**Ham & Cheese  
Bagel Melt**  
Tots  
Fruit & Milk

5

**Goulash**  
Green Beans  
Fruit & Milk

8

**Pulled Pork Sandwich**  
Coleslaw  
Fruit & Milk

9

**Salisbury Steak**  
Mashed Potato  
Carrots & Roll  
Fruit & Milk

10

**Zombie Pizza**  
Broccoli  
Fruit & Milk

11

**Turkey Sandwich**  
Cucumber Sticks  
Chips  
Fruit & Milk

12

**Hot Dog**  
Baked Beans  
Fruit & Milk

*12:30 Release*

15

**Waffle**  
Ham  
Veggie Box  
Fruit & Milk

16

**French Bread Pizza**  
Roasted Chick Peas  
Fruit & Milk

17

**Fish Sticks**  
Green Beans & Rice  
Fruit & Milk

18

**Shepherds Pie**  
Corn  
Roll  
Fruit & Milk

19

**Chicken Alfredo**  
Pasta  
Broccoli  
Fruit & Milk

22

**Baked Chicken**  
Carrots  
Roll  
Fruit & Milk

23

**Mac & Cheese**  
Broccoli  
Fruit & Milk

24

**French Toast Sticks**  
Sausage Patty & Hash Brown  
Fruit & Milk

25

**Swedish Meatballs**  
Pasta  
Green Beans  
Fruit & Milk

26

**Grilled Chicken  
Sandwich**  
Baked Beans  
Fruit & Milk



*12:30 Release*

*Menu may change due to staff shortages. We will let you know as  
soon as we can if it happens. Thank you. Hawlemont Café.*

