



September 2026



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.

Salad Bar Lunch
Option Available

Jennifer Shaw
Cafe Manager
Heather Mack
Café Assistant

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or oth-
er unforeseeable events.
Thank you for your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

2 WG Breadstick

Filled with Cheese
Marinara Sauce
Carrots
Fruit
Milk

Release 12:30

3 Grilled Cheese 4 Bologna Sandwich

Tomato Soup
Broccoli
Fruit
Milk

Release 12:30

Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

**No Salad Bar
Release 12:30**

7 No School Labor Day

8 Chicken Patty Sandwich

Fries
Green Beans
Fruit
Milk

9 Hot Dogs

WG Bun
Baked Beans
Carrot and Celery
Fruit
Milk

10 Soft Taco

WG Tortilla
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

No Salad Bar

11 Warm Ham & Cheese On a Croissant

Baked Chips
Carrots & Celery
Fruit
Milk

No Salad Bar

14 Pulled Pork Sandwich

Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

15 Spaghetti W/ Meat Sauce

WG Roll
Garden Side Salad
Fruit
Milk

16 Chicken Nuggets

Fries
WG Roll
Carrots
Fruit
Milk

Release 12:30

17 Nachos

WG Chips
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

18 Cheese Pizza

Garden Side Salad
Fruit
Milk

21 Hamburger

Cheese, Lettuce & Tomato
Fries
Fruit
Milk

22 Chicken Parmesan

WG Pasta
Peas
Fruit
Milk

23 Chicken Fajita

WG Tortilla
Peppers & Onions
Refried Beans
Fruit
Milk

Release 12:30

24 Baked Potato

WG Roll
Chili & Cheese
Broccoli
Fruit
Milk

25 Turkey Gravy

Mashed Potato
WG Roll
Mixed Veggies
Fruit
Milk

28 Mac N Cheese

WG Roll
Garden Side Salad
Fruit
Milk

29 Turkey Sandwich

Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

30 Nacho

WG Tortilla Chips
Meat, & Cheese
Lettuce and Tomato
Refried Beans
Fruit
Milk