

Hawlemont Regional School

Lunch

*Part of the Mohawk Trail
Regional School System*

*Breakfast served everyday.
We offer Peanut Butter and
Jelly on Wheat Bread or
American Cheese on Wheat
Bread as Alternative to the
Hot Meal. We offer a full
salad bar as part of our
lunch everyday*

Café Manager-
Rachel Gammell
Café Assistant
Heather Lengleza

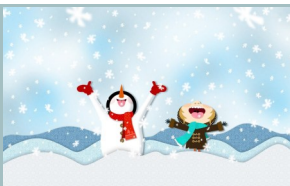
**Apply for free/reduced
priced meals at any time.
Inquire in the office**

**Hawlemont Main Office-
413-339-8316
Hawlemont Fax-
339-5760**

*Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your understanding*




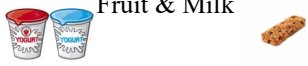

The USDA and the
MDESE are equal oppor-
tunity providers and
employers.

Food Service Director:
Tammy Coombs
tcoombs@mohawkschools.org



January 2026



Mon	Tue	Wed	Thu	Fri
5 Baked Chicken Buttered Noodles Peas Fruit & Milk	6 Pizza Roast Chick Peas Broccoli Fruit & Milk	7 Manager Special Carrots Fruit & Milk	8 Meatloaf Mashed Potatoes Cornbread Fruit & Milk  Elvis Presley Birthday	9 Waffle Bacon Veggie Box Fruit & Milk
12 Chicken Curry Rice Carrots  National Curry Day	13 Egg McMuffin Hash Brown Fruit & Milk	14 Zombie Pizza Spinach Salad Fruit & Milk 12:30 Release	15 KFC Bowl Mashed Potato Corn & Biscuit Fruit & Milk	16 Turkey Sandwich Chips Veggie Sticks Fruit & Milk Winter Enrichment
19 NO SCHOOL 	20 Chicken & Gravy Mashed Potatoes Stuffing Fruit & Milk	21 Yogurt Parfait Granola Bar Veggie Box Fruit & Milk  National Granola Bar Day	22 Grilled Cheese Tomato Soup Fruit & Milk	23 Walking Taco Lettuce, Tomato Beans, Cheese, Salsa Fruit & Milk Winter Enrichment
26 Spaghetti Green Beans Fruit & Milk	27 Open Face Hot Turkey Sandwich Carrots Fruit & Milk	28 Blueberry Pancake (or plain) Bacon Tots Fruit & Milk  National Blueberry Pancake Day 12:30 Release	29 Salisbury Steak Mashed Potato Pretzel Fruit & Milk	30 Ham Sandwich Chips Veggie Box Fruit & Milk Winter Enrichment



*Menu may change due to staff shortages. We will let you know
as soon as we can if it happens. Thank you. Hawlemont Café.*

