



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.

Salad Bar Lunch
Option Available

Jennifer Shaw
Cafe Manager
Heather Mack
Cafe Assistant

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

2 No School

*Professional
Development*

3 Soft Taco
WG Tortilla
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

4 Ham & Cheese
Lettuce & Tomato
Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

5 Cheese Pizza
Garden Side Salad
Fruit
Milk

**6 Chicken Patty
Sandwich**
WG Bun
Baked Chip
Carrot and Celery
Fruit
Milk

9 Hamburger
Cheese, Lettuce & Tomato
Fries
Fruit
Milk

10 Chicken Nuggets 11
WG Roll
Mashed Potatoes
Corn
Fruit
Milk

No Salad Bar

No School

Veterans Day

**12 Turkey
Sandwich**
Cheese, Lettuce & Tomato
Three Bean Salad
Fruit
Milk

Release 12:30

13 Meatball Sub
Baked Chips
Carrots & Celery
Fruit
Milk

Release 12:30

16 Turkey Gravy
WG Roll
Mashed Potato
Green Beans
Fruit
Milk

17 Nachos
WG Chips
Cheese, Lettuce & Tomato
Meat
Refried Beans
Fruit
Milk

18 Mac N Cheese
WG Roll
Green Beans
Fruit
Milk

19 Hot Dogs
WG Bun
Baked Beans
Carrot and Celery
Fruit
Milk

**20 Spaghetti
W/ Meat Sauce**
WG Roll
Garden Side Salad
Fruit
Milk

**23 Warm
Ham & Cheese**
On Croissant
Baked Chips
Carrots & Celery
Fruit
Milk

24 Chicken Fajita
WG Tortilla
Peppers and Onions, Cheese
Refried Beans
Fruit
Milk

**25 Sun Butter Jelly
Sandwich**
Baked Chips
Carrots & Celery
Fruit
Milk

*Release 12:30
No Salad Bar*

26 No School

*Thanksgiving
Day*

27 No School

31 Baked Potato
WG Roll
Chili & Cheese
Broccoli
Fruit
Milk

