



*Part of the Mohawk
Trail Regional School
System.*

Breakfast served
everyday.

Salad Bar Lunch
Option Available

**Jennifer Shaw
Cafe Manager
Heather Mack
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers



				1 Hot Dogs WG Bun Baked Beans Carrot and Celery Fruit Milk	2 Chicken Nuggets Fries Carrots Fruit Milk	3 Ham & Cheese Sandwich Baked Chips Lettuce & Tomato Fruit Milk NO SALAD BAR
6 Bologna Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk	7 Turkey Gravy WG Roll Mashed Potato Green Beans Fruit Milk	8 French Bread Pizza Garden Side Salad Fruit Milk Release 12:30	9 Soft Taco WG Tortilla Cheese, Lettuce & Tomato Refried Beans Fruit Milk	10 Pulled Pork Baked Chips Carrots & Celery Fruit Milk		
13 Indigenous People's Day No School	14 Spaghetti W/ Meat Sauce WG Roll Garden Side Salad Fruit Milk	15 Baked Potato WG Roll Chili & Cheese Broccoli Fruit Milk	16 Mac N Cheese Garden Side Salad Fruit Milk	17 Turkey Sandwich Cheese, Lettuce & Tomato Three Bean Salad Fruit Milk		
20 Meatball Sub Baked Chips Carrots & Celery Fruit Milk	21 Nachos WG Chips Cheese, Lettuce & Tomato Meat Refried Beans Fruit Milk	22 Grilled Cheese Sandwich Tomato Soup Broccoli Fruit Milk Release 12:30	23 Chicken Parmesan WG Pasta Peas Fruit Milk	24 Sunbutter Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk Fall Fun Friday NO SALAD BAR		
27 Hot Dogs WG Bun Baked Beans Carrot and Celery Fruit Milk	28 Cheese Ravioli WG Roll Broccoli Fruit Milk	29 Chicken Patty Sandwich Fries Carrots & Celery Fruit Milk	30 Chicken Fajita WG Tortilla Peppers and Onions, Cheese Refried Beans Fruit Milk	31 Ham Sandwich Cheese, Lettuce & Tomato Three Bean Salad Fruit Milk		