

Hawlemont Regional School

Lunch

*Part of the Mohawk Trail
Regional School System*

*Breakfast served everyday.
We offer Peanut Butter and
Jelly on Wheat Bread or
American Cheese on Wheat
Bread as Alternative to the
Hot Meal. We offer a full
salad bar as part of our
lunch everyday*

Café Manager-
Rachel Gammell
Café Assistant
Heather Lengleza

**Apply for free/reduced
priced meals at any time.
Inquire in the office**

**Hawlemont Main Office-
413-339-8316
Hawlemont Fax-
339-5760**

*Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your understanding*

The USDA and the
MDESE are equal oppor-
tunity providers and
employers.

Food Service Director:
Tammy Coombs
tcoombs@mohawkschools.org



October 2025



Mon		Tue		Wed		Thu		Fri	
29	Spaghetti Carrots Fruit & Milk	30	Cheeseburger French Fries Fruit & Milk	1	Pancakes Bacon Bean Salad Fruit & Milk	2	Pizza Kale Side Salad Fruit & Milk 	3	Baked Ham Au Gratin Potatoes Peas Fruit & Milk
<i>National Kale Day</i>									
6	Hot Dogs Potato Rounds Veggie Sticks Fruit & Milk	7	Walking Taco Meat, Cheese, Salsa Beans, Lettuce, Tomato Fruit & Milk	8	Zombie Pizza Broccoli Fruit & Milk	9	Chicken Nuggets Rice Green Beans Fruit & Milk	10	Open Face Hot Turkey sandwich Carrots Fruit & Milk
<i>12:30 Dismissal</i>									
13	NO SCHOOL 	14	Mashed Potato & Hamburger "cupcake" Corn & Roll Fruit & Milk 	15	Chicken & Gravy Biscuit & Peas Fruit & Milk 	16	Pancake Sausage Veggie Sticks Fruit & Milk	17	Mac & Cheese Broccoli Fruit & Milk 
		<i>National Dessert Day</i>		<i>Senior Lunch</i>		<i>National Pasta Day</i>			
20	Chicken LoMein Peas & Carrots Pasta Fruit & Milk	21	Pizza Bean Salad Fruit & Milk	22	Waffle Sausage Tots Fruit & Milk	23	Salisbury Steak Pasta Carrots Fruit & Milk	24	Baked Potato Bar Broccoli, Cheese Chili, Roll Fruit & Milk
<i>12:30 Dismissal</i>									
27	Baked Chicken Rice Peas Fruit & Milk 	28	KFC Bowl Corn Biscuit Fruit & Milk 	29	PB & J Chips & Veggie Box Fruit & Milk  ALL SCHOOL HIKE	30	Pizza Broccoli Fruit & Milk	31	Halloween Fun Box Soft Pretzel Deli Ham & Turkey Cheese, EEK cup Fruit & Milk  

*Menu may change due to staff shortages. We will let you know as soon
as we can if it happens. Thank you. Hawlemont Café.*