



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.

Salad Bar Lunch
Option Available

**Jennifer Shaw
Cafe Manager
Heather Mack
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or oth-
er unforeseeable events.
Thank you for your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

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| 1 | No School Labor Day | 2 | WG Breadstick Filled with Cheese Marinara Sauce Carrots Fruit Milk | 3 | Grilled Cheese Sandwich Tomato Soup Broccoli Fruit Milk | 4 | Bologna Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk | 5 | Chicken Patty Sandwich Fries Green Beans Fruit Milk |
| 8 | Hot Dogs WG Bun Baked Beans Carrot and Celery Fruit Milk | 9 | Soft Taco WG Tortilla Cheese, Lettuce & Tomato Refried Beans Fruit Milk | 10 | Warm Ham & Cheese On a Croissant Baked Chips Carrots & Celery Fruit Milk Release 12:30 | 11 | Meatball Sub Baked Chips Corn Fruit Milk | 12 | Turkey Gravy Mashed Potato WG Roll Mixed Veggies Fruit Milk |
| 15 | Pulled Pork Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk | 16 | Spaghetti W/ Meat Sauce WG Roll Garden Side Salad Fruit Milk | 17 | Chicken Nuggets Fries WG Roll Carrots Fruit Milk | 18 | Nachos WG Chips Cheese, Lettuce & Tomato Refried Beans Fruit Milk | 19 | Cheese Pizza Garden Side Salad Fruit Milk No Salad Bar |
| 22 | Hamburger Cheese, Lettuce & Tomato Fries Fruit Milk | 23 | Chicken Parmesan WG Pasta Peas Fruit Milk | 24 | Chicken Fajita WG Tortilla Peppers & Onions Refried Beans Fruit Milk Release 12:30 | 25 | Baked Potato WG Roll Chili & Cheese Broccoli Fruit Milk | 26 | Mac N Cheese WG Roll Garden Side Salad Fruit Milk |
| 29 | Turkey Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk | 30 | Nacho WG Tortilla Chips Meat, & Cheese Refried Beans Fruit Milk | | | | | | |