

Indiana's Human Sexuality Policy

Indiana Senate Bill 442 establishes clear requirements for how human sexuality instruction must be delivered in schools. Under this law:

- Local school boards must review and approve all instructional materials.
- Curriculum resources must be posted online for parents and guardians to access and review.

[Indiana Senate Bill 442](#)

The following curriculum was approved by the Jennings County School Corporation Board of Trustees:

I Decide For Me™ is a Sexual Risk Avoidance Curriculum published by Clarity of Central Indiana.

IDFM™ has made available detailed information regarding the IDFM™ curriculum which may be reviewed at: <https://idecideforme.com/>

I Decide For Me Flyer



I DECIDE FOR ME

About Us

I Decide For Me is a sexual risk avoidance education program published by Clarity. We partner with educators to meet state health education standards, serving more than 7,000 students in 60+ elementary, middle, and high schools.

IDFM:

- Meets state health education standards
- Uses truth, facts and medically accurate data
- Is age-appropriate and evidence supported
- Empowers students to make healthy life choices
- Teaches students how to identify healthy trusted adults to champion them through life
- Utilizes entry and exit student surveys to measure attitudes, intended behaviors, and knowledge
- Presents material through differentiated instruction (visual, physical, verbal, logical, social and solitary styles)

I Decide For Me

Empowering students to take control of their choices amid the obstacles of social media and culturally pressured misinformation.

Students build self-efficacy by setting boundaries, learning to articulate, and practicing refusal skills. Every student deserves to know they are valuable, worth protecting, and worth respecting!

(812) 378-4114
www.IDecideForMe.com

FLIP ME



STUDENTS WILL LEARN:

6th Grade
4 day (60 minutes) or
5 day (45 minutes)
presentation

8th Grade
4 day (60 minutes) or
5 day (45 minutes)
presentation

High School
3 day (90 minutes) or
5 day (45 minutes)
presentation

Each program uses an age-appropriate approach to teaching the following standards and topics:

- Intrinsic Value
- Optimal Holistic Health Model
- Trusted Adults
- Critical Health Behaviors
- Communication and Intimacy
- Healthy and Unhealthy Relationships
- Sexual Abuse
- Consent
- Community Resources
- Goal Setting
- The Success Sequence
- Boundary Setting and Articulation
- Physical Development and Puberty (8th grade only)
- Fertilization
- Stages of Fetal Development
- Critical Analysis of Influences (media, peers, etc.)
- Normalizing Abstinence
- Consequences of Sexual Activity
 - Pregnancy
 - STIs
- Benefits of Marriage
- Secondary Abstinence
- Pornography Risks
- Emotional Self-Regulation & Coping Skills
- Voluntary Sexual Restraint Skills
- Assertive Language
- Refusal Skills
- Self-efficacy

For more information, to schedule a presentation, or to purchase the curriculum please visit our website at www.IDecideForMe.com.

i decide for me