

Health Office

Welcome to Hillside Elementary School!

The health and safety of all students is paramount in the Closter School District. At Hillside, the health office is a place to tend to the health and first aid needs of our younger population. When students feel well, they are ready for learning and can work to the best of their ability in the classroom. When you feel good, you learn better!

It is requested that you keep your child home if they show evidence of any of the following:

- Flushed face or other signs of fever, such as complaints of headache
- Runny nose, congestion, persistent cough, sneezing or other signs of a cold
- Sore throat, earache, or swollen glands
- Vomiting, nausea, diarrhea, or failure to eat a normal breakfast
- Unexplained skin rashes
- Sores on the skin, especially if moist, oozing, or encrusted
- Unusual drowsiness or listlessness
- Covid- like symptoms
- Redness of the eyes with discharge



In order to return to school, our district protocol is that your child **must be FREE** from vomiting, diarrhea, or fever (without fever-reducing medication for 24 hours). **If your child has vomited or had diarrhea, they must remain home until they are vomit/diarrhea- free for 24 hours.**

Students with inflamed or pink eye(s) will be excluded. You must follow up with your physician for evaluation. If medication is prescribed, they must remain out of school until they have been on medication for at least 24 hours or they have a physician's note stating they are no longer contagious.

Parents are encouraged to contact the health office regarding any medical concerns they may have regarding their child's health or if your child is taking any new medications.

PHYSICAL EXAMINATION & VACCINATIONS

All new students are required to have a current physical examination and complete immunizations as required by the NJ state law. Within thirty (30) days of entry, every new student must have a current physical examination on file.

Students entering Pre-K must have an annual flu vaccination. Students who have not received the flu vaccine by December 31st must be excluded from school for the duration of the influenza season (through March 31st) or until they receive one dose of the flu vaccine.

MEDICATIONS

Must be brought to and picked up from the health office by a parent only. Do not send it in with your child.

Three requirements are necessary for medication to be administered during school hours including both prescription and over the counter medications.

1. A physician's written order with the name, dosage, and purpose of the medication (medication forms are available from the health office, please request one if needed or locate under the forms section on this web page).
2. Written permission from the parent/guardian to administer the medication.
3. The medication in the original container with the student's name on it. If your child requires an Epi-pen for school it is required that we are given the two pens in the container.

Students are not permitted to take any medication, including all over the counter remedies or vitamins. These must be taken supervised, in the nurse's office and permitted by the physician.

PHYSICAL EDUCATION EXCUSES

If your child should go to the doctor for an illness or injury, please obtain a medical note stating the reason why the child is out and when the student would be cleared to return to all physical activity.

All students requesting to be excused from physical education class must bring a note from the parent or doctor to the nurse at the start of the school day. **A parent's request for exclusion is acceptable for one day only. Any further exclusion requires a physician note.** If your child is excused from physical education class, they will be excluded from recess that day as well.

