

APRIL

April 2026

Headstart Menu



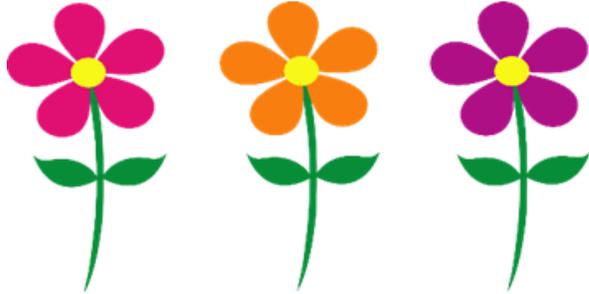
Monday

Tuesday

Wednesday

Thursday

Friday



1
Cheesy Scrambled Eggs
w/ Whole Wheat Tortilla
*Fruit Punch Juice
Sliced Apples
Lunch
 Chicken Fries
Potato Wedges
Fresh Pineapple

2
Cinnamon Toast Crunch
Muffin
Strawberry Kiwi Juice
Applesauce
Lunch
Turkey, Bacon & Cheese
Sliders
Cucumbers w/Ranch
Diced Watermelon

3
Oatmeal Chocolate Chip
Breakfast Bar
Apple Juice
Apricots
Lunch
Beefy Macaroni
w/ Parmesan Breadstick
Green Beans
Sliced Peaches

6
Holiday Break
No School



7
Chex Cereal
Orange Tangerine Juice
Cinnamon Applesauce
Lunch
Cheddar Cheese Quesadilla
Pinto Beans
Craisins

8
Cinnamon Breakfast Pastry
*Fruit Punch Juice
Diced Peaches
Lunch
Star Chicken Nuggets
w/ Wheat Roll
Potato Smiles
Applesauce

9
Turkey Sausage
Breakfast Pizza
Strawberry Kiwi Juice
Mandarin Oranges
Lunch
BBQ Chicken
w/ Cornbread Muffin
Tater Tots
Peaches

10
Bagel Stuffed w/
Strawberry Cream Cheese
Apple Juice
Pineapple
Lunch
Cheese Pizza
Garlic Broccoli
Strawberries, Blueberries
& Blackberries

13
Cheerios Cereal
Cran/Raspberry Juice
Peaches & Pears
Lunch
BBQ Beef Sandwich
Tater Tots
Sliced Peaches

14
Confetti Pancakes
Orange Tangerine Juice
Pineapple
Lunch
Chicken Taco Salad
Corn & Green Chiles
Mango

15
Honey Bun
*Fruit Punch Juice
Orange Wedges
Lunch
Turkey & Cheese Wrap
Celery Sticks & Ranch
Applesauce

16
Banana Bread
Strawberry Kiwi Juice
Applesauce
Lunch
Cheeseburger Sliders
French Fries
Mandarin Oranges

17
Chocolate Chip Muffin
Apple Juice
Peaches
Lunch
Chicken Spaghetti
w/ Garlic Toast
Corn & Green Beans
Cinnamon Pears

20
Blueberry Muffin
Cran/Raspberry Juice
Mandarin Oranges
Lunch
Hamburger
French Fries
Sliced Gala Apple

21
French Toast Sticks
Orange Tangerine Juice
Peach Applesauce
Lunch
Beef & Cheese Burrito
Elote
Fresh Strawberries

22
Egg & Cheese Sandwich
*Fruit Punch Juice
Banana
Lunch
Earth Day Chicken Nuggets
Carrots, Corn & Green Beans
Sliced Cantaloupe

23
Egg & Cheese Burrito
Strawberry Kiwi Juice
Strawberries & Blueberries
Lunch
Chicken Salad Sandwich
Cucumbers w/ Ranch
Fresh Pineapple

24
NO SCHOOL
Staff
development

27
Kix Cereal
Cran/Raspberry Juice
Pineapple
Lunch
Chicken Patty Sandwich
Buttered Corn
Sliced Peaches

28
Blueberry Waffles
Orange Tangerine Juice
Applesauce
Lunch
Beefy Nachos
Pinto Beans
Diced Pears

29
Trix Muffin
*Fruit Punch Juice
Peaches & Pears
Lunch
Chicken & Waffles
Emoticon Potato Shapes
Fresh Strawberries

30
NO SCHOOL




1% Milk Offered Daily for Breakfast & Lunch

*Fruit Punch Juice contains apple, pear, jujube fruit, cherry, orange & pineapple juice.

Questions or concerns call 623-707-2059 or email us at foodservice@fesd.org

This institution is an equal opportunity provider.