

February 2026

Headstart Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<u>2</u> Cheerios Cereal Cran/Raspberry Juice Pineapple <u>Lunch</u> Chicken Patty Sandwich Potato Wedges Sliced Gala Apple	<u>3</u> Blueberry Muffin *Fruit Punch Juice Applesauce <u>Lunch</u> Chicken & Cheese Burrito Pinto Beans Mango	<u>4</u> Cheesy Scrambled Eggs w/ Whole Wheat Tortilla Orange Tangerine Juice Strawberries & Blueberries <u>Lunch</u> Grilled Turkey & Cheese Sandwich Buttered Corn Sliced Peaches	<u>5</u> French Toast Sticks Strawberry Kiwi Juice Diced Pears <u>Lunch</u> Hamburger on a Bun Green Beans Orange Smiles	<u>6</u> Oatmeal Chocolate Chip Breakfast Bar Apple Juice Peaches <u>Lunch</u> Pepperoni Pizza Garden Salad w/Ranch Watermelon
<u>9</u> Kix Cereal Cran/Raspberry Juice Applesauce <u>Lunch</u> BBQ Beef Sandwich Green Beans Strawberries, Blackberries & Blueberries	<u>10</u> Maple Waffles *Fruit Punch Juice Sliced Strawberries <u>Lunch</u> Cheddar Quesadilla Refried Beans Orange Smiles	<u>11</u> <u>NO SCHOOL</u> HOME VISITS 	<u>12</u> <u>NO SCHOOL</u>	<u>13</u> <u>NO SCHOOL</u>
<u>16</u> <u>NO SCHOOL</u> 	<u>17</u> Chex Cereal *Fruit Punch Juice Peaches <u>Lunch</u> Bean & Cheese Burrito Pinto Beans Craisins	<u>18</u> Chocolate Chip Muffin Orange Tangerine Juice Strawberries & Blueberries <u>Lunch</u> Grilled Cheese Sandwich Steamed Broccoli Applesauce	<u>19</u> Confetti Pancakes Strawberry Kiwi Juice Applesauce <u>Lunch</u> Cheeseburger Tater Tots Sliced Peaches	<u>20</u> Egg & Cheese Sandwich Apple Juice Mandarin Oranges <u>Lunch</u> Cheese Pizza Green Beans Diced Pears
<u>23</u> Cheerios Cereal Cran/Raspberry Juice Applesauce <u>Lunch</u> Turkey & Cheese Wrap Carrots & Ranch Sliced Peaches	<u>24</u> Bagel Stuffed w/ Strawberry Cream Cheese *Fruit Punch Juice Strawberries & Blueberries <u>Lunch</u> Chicken Tacos Refried Beans Mango	<u>25</u> <u>NO SCHOOL</u> 	<u>26</u> Turkey Sausage Breakfast Pizza Strawberry Kiwi Juice Mandarin Oranges <u>Lunch</u> Cheeseburger Sliders Crinkle Cut Fries Watermelon	<u>27</u> <u>NO SCHOOL</u>

1% Milk Offered Daily for Breakfast & Lunch

*Fruit Punch Juice contains apple, pear, jujube fruit, cherry, orange & pineapple juice.

Questions or concerns call 623-707-2059 or email us at foodservice@fesd.org

This institution is an equal opportunity provider.