

**Diced Pears** 

Fresh Blueberries

## March 2024

## Pre-K Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Honey Bun Orange Pineapple Juice Craisins Lunch Calzone Oven Roasted Broccoli Green Grapes
4	5	6	7	8
Banana Chocolate	Bagel Stuffed w/	Colby Cheese Omelet	Cinnamon French Toast	Cheerios Cereal
Chunk Breakfast Bar	Strawberry Cream Cheese	Wheat Toast	Orange Tangerine Juice	Strawberry Kiwi Juice
Apple Juice	Cran Raspberry Juice	Fruit Punch	Cinnamon Applesauce	Tropical Fruit Bowl
Peach Cup	Mandarin Oranges	Sliced Apples	сппатоп дрргезаасе	Tropical Francisowi
Lunch	Lunch	Lunch	Lunch	Lunch
Honey BBQ Beef Sandwich	Bean & Cheese Burrito	Grilled Cheese Sandwich	Chicken Nuggets	Chicken Spaghetti
Tater Tots	Elote	Seasoned Potato Wedges	Corn & Green Beans	w/Breadstick
		Fresh Strawberries		Roasted Brussel Sprouts
Sliced Gala Apple	Orange Wedges	Fresh Strawberries	Red Grapes	
11	12	13	14	Apple Slices
	12	<u>13</u>	<u> 14</u>	<u>13</u>
	SPR	ING BR	EAK!	
18	<b>SPR</b>	ING BRI	EAK!	22
1 <u>8</u> Chex Cereal				22 Chocolate Chip
	19	<u>20</u>	<u>21</u>	
Chex Cereal	<b>19</b> Apple Frudel	<b>20</b> Mini Maple Waffles	<b>21</b> Beef & Cheese	Chocolate Chip
Chex Cereal Apple Juice	<u>19</u> Apple Frudel Cran Raspberry Juice	<b>20</b> Mini Maple Waffles Fruit Punch	<b>21</b> Beef & Cheese Sunrise Stick	Chocolate Chip Muffin w/ String Cheese
Chex Cereal Apple Juice	<u>19</u> Apple Frudel Cran Raspberry Juice	<b>20</b> Mini Maple Waffles Fruit Punch	<b>21</b> Beef & Cheese Sunrise Stick Orange Tangerine Juice	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice
Chex Cereal Apple Juice Craisins	<b>19</b> Apple Frudel Cran Raspberry Juice Strawberry Cup	<b>20</b> Mini Maple Waffles Fruit Punch Red Grapes	<b>21</b> Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup
Chex Cereal Apple Juice Craisins <u>Lunch</u>	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup <u>Lunch</u>	<u>20</u> Mini Maple Waffles Fruit Punch Red Grapes <u>Lunch</u>	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u>
Chex Cereal Apple Juice Craisins <u>Lunch</u> Corn Dog	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos	<b>20</b> Mini Maple Waffles Fruit Punch Red Grapes <u>Lunch</u> BBQ Chicken Sandwich	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans	2 <u>0</u> Mini Maple Waffles Fruit Punch Red Grapes  Lunch BBQ Chicken Sandwich Celery & Ranch Watermelon	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup Lunch Two Cheese Pizza Steamed Broccoli
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries Craisins	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans Mango	2 <u>0</u> Mini Maple Waffles Fruit Punch Red Grapes <u>Lunch</u> BBQ Chicken Sandwich Celery & Ranch Watermelon	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll Tangerine	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza Steamed Broccoli Mixed Fruit
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries Craisins  25	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans Mango 2 <u>6</u>	2 <u>0</u> Mini Maple Waffles Fruit Punch Red Grapes  Lunch BBQ Chicken Sandwich Celery & Ranch Watermelon	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll Tangerine	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza Steamed Broccoli Mixed Fruit
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries Craisins  25 Kix Cereal	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans Mango 26 Blueberry Muffin	20 Mini Maple Waffles Fruit Punch Red Grapes  Lunch BBQ Chicken Sandwich Celery & Ranch Watermelon 27 French Toast Sticks	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll Tangerine 28 Egg & Cheese Burrito	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza Steamed Broccoli Mixed Fruit
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries Craisins  25 Kix Cereal Orange Pineapple Juice	1 <u>9</u> Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans Mango 26 Blueberry Muffin Apple Juice	20 Mini Maple Waffles Fruit Punch Red Grapes  Lunch BBQ Chicken Sandwich Celery & Ranch Watermelon 27 French Toast Sticks Cran Raspberry Juice	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll Tangerine 28 Egg & Cheese Burrito Fruit Punch	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza Steamed Broccoli Mixed Fruit
Chex Cereal Apple Juice Craisins  Lunch Corn Dog Seasoned Curly Fries Craisins  25 Kix Cereal Orange Pineapple Juice Mixed Berry Cup	19 Apple Frudel Cran Raspberry Juice Strawberry Cup  Lunch Chicken Nachos Charro Beans Mango 26 Blueberry Muffin Apple Juice Tropical Fruit	20 Mini Maple Waffles Fruit Punch Red Grapes  Lunch BBQ Chicken Sandwich Celery & Ranch Watermelon 27 French Toast Sticks Cran Raspberry Juice Sliced Apples	21 Beef & Cheese Sunrise Stick Orange Tangerine Juice Pineapple Fruit Bowl Lunch Turkey & Mashed Potato Bowl w/Roll Tangerine 28 Egg & Cheese Burrito Fruit Punch Strawberry Cup	Chocolate Chip Muffin w/ String Cheese Strawberry Kiwi Juice Peach Cup <u>Lunch</u> Two Cheese Pizza Steamed Broccoli Mixed Fruit
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1% Milk Offered Daily for Breakfast & Lunch

Fresh Pear

Carroteenis & Ranch Craisins

Questions or concerns call 623-707-2059 or email us at foodservice@fesd.org

This institution is an equal opportunity provider.