



March 2026



# Headstart Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>2</u></p> <p>Kix Cereal Cran/Raspberry Juice Diced Pears</p> <p><b>Lunch</b></p> <p>ABC123 Chicken Nuggets Potato Smiles Sliced Gala Apple</p>	<p><u>3</u></p> <p>French Toast Sticks Orange Tangerine Juice Cinnamon Applesauce</p> <p><b>Lunch</b></p> <p>Beef Tacos Pinto Beans Sliced Cantaloupe</p>	<p><u>4</u></p> <p>Cinnamon Pastry *Fruit Punch Juice Peaches</p> <p><b>Lunch</b></p> <p>Sliced Turkey w/ Roll Mashed Potatoes &amp; Gravy Fresh Strawberries</p>	<p><u>5</u></p> <p>Turkey Sausage Breakfast Pizza Strawberry Kiwi Juice Mandarin Oranges</p> <p><b>Lunch</b></p> <p>Cheeseburger on a Bun Potato Wedges Diced Watermelon</p>	<p><u>6</u></p> <p>Bagel Stuffed w/ Strawberry Cream Cheese Apple Juice Strawberries &amp; Blueberries</p> <p><b>Lunch</b></p> <p>Chicken Spaghetti w/ Garlic Toast Garden Salad w/Ranch Pineapple</p>
<p><u>9</u></p> <p>Chex Cereal Cran/Raspberry Juice Craisins</p> <p><b>Lunch</b></p> <p>Meatball Sub Spiral Fries Peaches</p>	<p><u>10</u></p> <p>Confetti Pancakes Orange Tangerine Juice Strawberries &amp; Blueberries</p> <p><b>Lunch</b></p> <p>Cheddar Cheese Quesadilla Refried Beans Pineapple</p>	<p><u>11</u></p> <p>Trix Muffin *Fruit Punch Juice Fresh Banana</p> <p><b>Lunch</b></p> <p>Orange Chicken w/ Brown Rice Roasted Brussel Sprouts Mandarin Oranges</p>	<p><u>12</u></p> <p>Banana Bread Strawberry Kiwi Juice Applesauce</p> <p><b>Lunch</b></p> <p>Grilled Turkey &amp; Cheese Sandwich French Fries Fresh Blueberries</p>	<p><u>13</u></p> <p>Cheesy Scrambled Eggs w/ Whole Wheat Tortilla Apple Juice Peaches</p> <p><b>Lunch</b></p> <p>Pepperoni Pizza Carrots 100 % Juice Blue Raspberry Slushie</p>
<p><u>16</u></p> 				<p><u>20</u></p> 
<p><u>23</u></p> <p>Cheerios Cereal Cran/Raspberry Juice Mandarin Oranges</p> <p><b>Lunch</b></p> <p>Chicken Patty Sandwich Tater Tots Sliced Peaches</p>	<p><u>24</u></p> <p>Mini Blueberry Waffles Orange Tangerine Juice Peach Applesauce</p> <p><b>Lunch</b></p> <p>Beef Taco Stick Pinto Beans Mango</p>	<p><u>25</u></p> <p>Egg &amp; Cheese Sandwich *Fruit Punch Juice Orange Wedges</p> <p><b>Lunch</b></p> <p>Popcorn Chicken Mashed Potatoes &amp; Gravy Applesauce</p>	<p><u>26</u></p> <p>Apple Frudel Strawberry Kiwi Juice Peaches &amp; Pears</p> <p><b>Lunch</b></p> <p>BBQ Beef Sandwich Green Beans Fresh Pineapple</p>	<p><u>27</u></p> <p><b>NO HAY CLASE</b></p> 
<p><u>30</u></p> <p>Kix Cereal Cran/Raspberry Juice Diced Peaches</p> <p><b>Lunch</b></p> <p>Hamburger on a Bun Potato Wedges Sliced Red Apple</p>	<p><u>31</u></p> <p>Mini Maple Pancakes Orange Tangerine Juice Strawberries &amp; Blueberries</p> <p><b>Lunch</b></p> <p>Red Chile Chicken Tamale Refried Beans Orange Smiles</p>			

1% Milk Offered Daily for Breakfast & Lunch

\*Fruit Punch Juice contains apple, pear, jujube fruit, cherry, orange & pineapple juice.

Questions or concerns call 623-707-2059 or email us at [foodservice@fesd.org](mailto:foodservice@fesd.org)

This institution is an equal opportunity provider.