



May 2026 Headstart Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Every day, dedicated school nutrition professionals ensure that students are well-fed and ready to learn. School Lunch Hero Day (May 1, 2026) is a special opportunity to recognize their hard work and dedication.</p>		<p><u>1</u></p> <p>NO SCHOOL</p>
<p><u>4</u></p> <p>Cheerios Cereal Cran/Raspberry Juice Applesauce</p> <p>Lunch</p> <p>Grilled Cheese Sandwich Buttered Corn Sliced Gala Apple</p>	<p>NEW <u>5</u></p> <p>Breakfast Tamale *Fruit Punch Juice Strawberries</p> <p>Lunch</p> <p>Beef & Cheese Burrito Pinto Beans Watermelon</p>	<p><u>6</u></p> <p>Cinnamon Breakfast Pastry Orange Tangerine Juice Sliced Apples</p> <p>Lunch</p> <p>Chicken Spaghetti w/ Garlic Breadstick Broccoli Cinnamon Pears</p>	<p><u>7</u></p> <p>Turkey Sausage Breakfast Pizza Strawberry Kiwi Juice Peaches</p> <p>Lunch</p> <p>Cheeseburger French Fries Fresh Pineapple</p>	<p><u>8</u></p> <p>Cheesy Eggs w/ Whole Wheat Tortilla Apple Juice Strawberries & Blueberries</p> <p>Lunch</p> <p>Red Chile Chicken Tamale Refried Beans Fresh Strawberries</p>
<p><u>11</u></p> <p>Chex Cereal Cran/Raspberry Juice Pineapple</p> <p>Lunch</p> <p>Chicken Nuggets Spiral Cut Fries Orange Wedges</p>	<p><u>12</u></p> <p>Three Cheese Quesadilla *Fruit Punch Juice Applesauce</p> <p>Lunch</p> <p>Cheese Quesadilla Refried Beans Fresh Strawberries</p>	<p><u>13</u></p> <p>Honey Bun Orange Tangerine Juice Strawberries & Blueberries</p> <p>Lunch</p> <p>Teriyaki Beef and Broccoli w/ Brown Rice Mandarin Oranges</p>	<p><u>14</u></p> <p>Egg & Cheese Burrito Strawberry Kiwi Juice Diced Pears</p> <p>Lunch</p> <p>Chicken Taco Salad Buttered Corn Diced Cantaloupe</p>	<p><u>15</u></p> <p>NO SCHOOL</p> <p>Staff development</p>
<p><u>18</u></p> <p>Kix Cereal Cran/Raspberry Juice Mandarin Oranges</p> <p>Lunch</p> <p>Chicken Patty Sandwich Steamed Broccoli Diced Pears</p>	<p><u>19</u></p> <p>Stuffed Bagel w/ Strawberry Cream Cheese *Fruit Punch Juice Strawberries & Blueberries</p> <p>Lunch</p> <p>Chicken Quesadilla Pinto Beans Fresh Strawberries</p>	<p><u>20</u></p> <p>French Toast Sticks Orange Tangerine Juice Applesauce</p> <p>Lunch</p> <p>Cheddar & Mozzarella Pizza Buttered Corn **Mixed Berry Supreme</p>	<p><u>21</u></p> <p>Banana Chocolate Chunk Breakfast Bar Strawberry Kiwi Juice Peaches</p> <p>Lunch</p> <p>Turkey & Cheese Sandwich Carrots w/ Ranch Blue Raspberry Juice Slush</p>	<p><u>22</u></p>

1% Milk Offered Daily for Breakfast & Lunch

*Fruit Punch Juice contains apple, pear, jujube fruit, cherry, orange & pineapple juice.

** Mixed Berry Supreme contains strawberries, blackberries, blueberries & raspberries.

Questions or concerns call 623-707-2059 or email us at foodservice@fesd.org

This institution is an equal opportunity provider.

Parents, don't forget to have your children join us for free breakfast and lunch this summer! See the times above or contact the school closest to you for more information.