



November 2025



Headstart Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>3</u> Chex Cereal Cran/Raspberry Juice Pineapple <u>Lunch</u> BBQ Beef Patty on a Bun Spiral Cut Fries Sliced Peaches	<u>4</u> Blueberry Waffles *Fruit Punch Juice Peaches & Pears <u>Lunch</u> Beef & Cheddar Burrito Pinto Beans Cantaloupe	<u>5</u> Trix Muffin Orange Tangerine Juice Sliced Apples <u>Lunch</u> Turkey & Cheese Sandwich Green Beans Strawberries	<u>6</u> Egg & Cheese Burrito Strawberry Kiwi Juice Diced Pears <u>Lunch</u> Chicken & Waffles Tater Tots Applesauce	<u>7</u> Strawberry Cream Cheese Stuffed Bagel Apple Juice Watermelon Applesauce <u>Lunch</u> Cheese Pizza Buttered Corn Orange Wedges
<u>10</u> <u>NO SCHOOL</u> 	<u>11</u> <u>NO SCHOOL</u> 	<u>12</u> Kix Cereal Orange Tangerine Juice Applesauce <u>Lunch</u> Grilled Cheese Steamed Broccoli Mandarin Oranges	<u>13</u> French Toast Sticks Strawberry Kiwi Juice Diced Peaches <u>Lunch</u> Cheeseburger Buttered Corn Strawberries, Blackberries & Blueberries	<u>14</u> Cinnamon Pastry Apple Juice Mandarin Oranges <u>Lunch</u> Beef Ravioli w/ Garlic Toast Green Salad w/Ranch Sliced Peaches
<u>17</u> Cheerios Cereal Cran/Raspberry Juice Peaches & Pears <u>Lunch</u> Chicken Patty Sandwich Crinkle Cut Fries Pineapple	<u>18</u> Cinnamon Toast Muffin *Fruit Punch Juice Pineapple <u>Lunch</u> Bean & Cheese Burrito Elote Strawberries	<u>19</u> Pumpkin Bread Orange Tangerine Juice Fresh Banana <u>Thanksgiving Lunch</u> Sliced Turkey w/Mashed Potatoes & Gravy Dried Cranberries Warm Roll & Cookie	<u>20</u> Honey Bun Strawberry Kiwi Juice Apricots <u>Lunch</u> Turkey Shaped Chicken Nuggets Potato Smiles Applesauce	<u>21</u> Super Donut Apple Juice Diced Pears <u>Lunch</u> Pepperoni Pizza Green Beans Fruit Sidekick
<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>



Happy Thanksgiving



1% Milk Offered Daily for Breakfast & Lunch

*Fruit Punch Juice contains apple, pear, jujube fruit, cherry, orange & pineapple juice.

Questions or concerns call 623-707-2059 or email us at foodservice@fesd.org

This institution is an equal opportunity provider.