HS (Ages 3-5) Menu

NOVEMBER 2026

Menu items may change due to availability.

MON	TUE	WED	THU	FRI
2 Kix Cereal Apple Juice Pineapple **Lunch** Chicken Sandwich Seasoned Spiral Fries Orange Wedges	**3** Mini Blueberry Waffles *Fruit Punch Juice Cinnamon Applesauce **Lunch** Green Chicken Enchilada Pinto Beans Strawberries	**4** Three Cheese Quesadilla Cran/Raspberry Juice Orange Wedges **Lunch** Macaroni & Cheese Broccoli & Carrots Peaches	**5** Egg, Cheese, Potato & Turkey Sausage Breakfast Wrap Orange Tangerine Juice Peaches **Lunch** Chicken Philly Grilled Cheese Sandwich Seasoned Potato Wedges Watermelon	**6** NEW Mantecada Muffin Strawberry Kiwi Juice Peaches & Pears **Lunch** Pepperoni Pizza Carrot Sticks Cherries (Pitted)
9 Cheerios Cereal Apple Juice Peaches **Lunch** Bacon Cheeseburger Seasoned Spiral Fries Pears	**10** Mini Maple Pancakes Fruit Punch Juice Strawberries & Blueberries **Lunch** Chicken Taco w/ Cheese Refried Beans Mango	**11** Veterans DAY NO SCHOOL	**12** Three Cheese Egg Bite Orange Tangerine Juice Pears **Lunch** Baked Potato w/ Warm Biscuit Vegeterian Chili Beans Cantaloupe	**13** Homemade Egg & Cheese Sandwich Strawberry Kiwi Juice Applesauce **Lunch** Chicken Spaghetti w/ Garlic Toast Broccoli Strawberries, Blackberries & Blueberries
16 Chex Cereal Apple Juice Pears **Lunch** Turkey Shaped Chicken Nuggets w/ Roll Emoji Potatoes Applesauce	**17** Trix Mini French Toast Fruit Punch Juice Peaches **Lunch** Bean & Cheese Burrito Corn & Green Chiles Strawberries	**18** Strawberry Cream Cheese Stuffed Bagels Cran/Raspberry Juice Mandarin Oranges **Lunch** *Turkey w/ Mashed Potatoes & Gravy w/ Dinner Roll* *Peaches*	**19** Cherry Muffin Orange Tangerine Juice Peaches & Pears **Lunch** Cheeseburger Vegetarian Beans Watermelon	**20** NO SCHOOL
23 NO SCHOOL	**24** NO SCHOOL	**25** NO SCHOOL	**26** Happy Thanksgiving	**27** NO SCHOOL
30 Kix Cereal Apple Juice Pears **Lunch** Grilled Cheese Sandwich Tater Tots Peaches & Pears	*Join us Friday, November 20th for Fowlers Annual Community Thanksgiving Meal! All FESD Elementary Schools are participating- Fowler, Sunridge, Sun Canyon, WVES, and Tuscano. Check with your students school office for more details!*			

ANNOUNCEMENTS

1% White Milk is offered daily at breakfast & lunch.

All grains served on this menu are Whole Grain Rich.

See this logo?

These items are prepared & assembled fresh in our kitchens!

*Fruit Punch Juice contains Apple, Pear, Cherry and Pineapple Juice

Questions or concerns:
623-707-2059 foodservice@fesd.org

This institution is an equal opportunity provider.