K-8 Menu

NOVEMBER 2026

Menu items may change due to availability.

MON	TUE	WED	THU	FRI
2 Oatmeal Chocolate Chip Breakfast Bar Pineapple **Lunch** Pretzel w/ Cheese Sauce Seasoned Spiral Fries Red Apple	**3** Mini Blueberry Waffles Cinnamon Applesauce **Lunch** Green Chicken Enchalada Pinto Beans Strawberries	**4** Mini Cinnis Orange Wedges **Lunch** Macaroni & Cheese Broccoli & Carrots Fresh Pear	**5** Maple Beef Patty & Pancake Sandwich Peaches **Lunch** Chicken Philly Grilled Cheese Sandwich Seasoned Potato Wedges Green Grapes	**6** NEW Mantecada Muffin California Mixed Fruit **Lunch** Pepperoni Pizza Carrot Sticks 100% Fruit Juice Frozen Sidekick
9 Mocha Crumble Watermelon Craisins **Lunch** Bacon Cheeseburger Seasoned Spiral Fries Orange Wedges	**10** Mini Maple Pancakes Mixed Berries **Lunch** Chicken Tacos w/ Cheese Refried Beans Mango	**11** Veterans DAY ***NO SCHOOL***	**12** Honey Breakfast Bun Pears **Lunch** Baked Potato w/ Chili con Carne & Warm Biscuit Cantaloupe	**13** Mini Chocolate Donuts Applesauce **Lunch** Chicken Spaghetti w/ Garlic Toast Broccoli Berries Supreme
16 Honey Breakfast Bar Strawberry Craisins **Lunch** Turkey Shaped Chicken Nuggets w/ Roll Emoji Potatoes Granny Smith Apple	**17** Trix Mini French Toast Peaches **Lunch** Shredded Beef, Cheese & Chile Colorado Mexicorn Strawberries	**18** Strawberry Cream Cheese Stuffed Bagels Apple Slices **Lunch** ***Turkey with Mashed Potatoes & Dinner Roll*** ***Turkey Shaped Cookie*** ***Dried Cranberries***	**19** Breakfast Pastry California Mixed Fruit **Lunch** Cheeseburger Vegeterian Chili Beans Orange Wedges	**20** Breakfast Bar Watermelon Applesauce **Lunch** Cheese Pizza Power Punch Juice Frozen Sidekick
23 ***NO SCHOOL***	**24** ***NO SCHOOL***	**25** ***NO SCHOOL***	**26** Happy Thanksgiving	**27** ***NO SCHOOL***
30 Cocoa Puffs Cereal Bar Pears **Lunch** Grilled Cheese Sandwich Tater Tots Watermelon Craisins	***Join us Friday, November 20th for Fowlers Annual Community Thanksgiving Meal! All FESD Elementary Schools are participating- Fowler, Sunridge, Sun Canyon, WVES, and Tuscano. Check with your students school office for more details!***			

ANNOUNCEMENTS

All enrolled students eat breakfast & lunch for FREE!!!
No application required.

Fruit & 100% Fruit Juice offered daily at breakfast.

Fresh Fruit & Veggies offered daily at lunch.

Fat-Free & 1% Milk offered daily at breakfast & lunch.

See this logo?

These items are prepared & assembled fresh in our kitchens!

DAILY SPECIALS

Monday
Chicken Sandwich
Tuesday
Bean & Cheese Burrito
Wednesday
Turkey & Cheese Sandwich
Thursday
Cheeseburger
Friday
Cheese Pizza

Questions or concerns: 623-707-2059 foodservice@fesd.org