

SEPTEMBER 2026

Menu items may change due to availability.


MON
TUE
WED
THU
FRI
1

Pancake & Chicken Sausage Sandwich
*Fruit Punch Juice
Peaches
Lunch
Red Chile Chicken w/ Tortilla
Pinto Beans
Mango


2

Egg & Cheese Breakfast Burrito
Orange Tangerine Juice
Orange Wedges
Lunch
Teriyaki Beef w/ Brown Rice & Steamed Broccoli
Banana

3

Turkey Sausage Breakfast Pizza
Strawberry Kiwi Juice
Strawberries & Blueberries
Lunch
Crispy Chicken Tenders
Carrot Coins
Watermelon

4

Cherry Muffin
Apple Juice
Pears
Lunch
Cheese Lasagna Rollup
Oven Roasted Brussel
Sprouts
Orange Wedges


8

Kix Cereal
Fruit Punch Juice
Peaches & Pears
Lunch
Bean & Cheese Burrito
Corn
Peaches

9

Cheese Quesadilla
Orange Tangerine Juice
Watermelon Applesauce
Lunch
Turkey & Cheese Wrap
Seasoned Potato Wedges
Strawberries, Blackberries & Blueberries

10

Three Cheese Egg Bite
Strawberry Kiwi Juice
Peaches
Lunch
BBQ Chicken Sandwich
Tater Tots
Pears


11

Banana Bread
Apple Juice
Pineapple
Lunch
Cheese Pizza
Green Beans
100% Fruit Juice Frozen Sidekick

14

Cheerios Cereal
Cran/Raspberry Juice
Pears
Lunch
Chicken Sandwich
Potato Wedges
Peaches & Pears

15

Blueberry Mini Waffles
Fruit Punch Juice
Peach Applesauce
Lunch
Sweet Teriyaki Meatballs w/ Brown Rice
Broccoli & Carrots
Orange Wedges

16

Egg, Cheese, Potato, Turkey Sausage Wrap
Orange Tangerine Juice
Mandarin Oranges
Lunch
Red Chicken Tamale
Pinto Beans
Strawberries

17

Egg & Cheese Sandwich
Strawberry Kiwi Juice
Peaches
Lunch
Sloppy Joe on a Bun
Creamy Cole Slaw
Watermelon

18

Strawberry Cream Cheese Stuffed Bagels
Apple Juice
Strawberries & Blueberries
Lunch
Beef Ravioli w/ Garlic Toast
Corn & Green Beans
Peaches


21

Pumpkin Bread
Cran/Raspberry Juice
Pears
Lunch
Chicken Nuggets
Broccoli, Cauliflower & Carrots
Applesauce

22

Bean & Cheese Burrito
Fruit Punch Juice
Orange Wedges
Lunch
Beef & Cheese Soft Tacos
Charro Beans
Mango

23

Cheesy Eggs w/ Tortilla
Orange Tangerine Juice
Peaches, Pears
Lunch
Beef Dippers w/ Mashed Potatoes
Corn
Strawberries, Blackberries & Blueberries

24

Maple Beef Sausage Sandwich on Hawaiian Bun
Strawberry Kiwi Juice
Banana
Lunch
Cheeseburger
Crinkle Cut Fries
Strawberries

25

Banana Muffin
Apple Juice
Peaches
Lunch
Beefy Mac w/ Breadstick
Oven Roasted Parmesan
Broccoli
Watermelon


28

Chex Cereal
Cran/Raspberry Juice
Pineapple
Lunch
Honey BBQ Beef Sandwich
Vegetarian Beans
Mandarin Oranges

29

French Toast Sticks
Fruit Punch Juice
Peaches
Lunch
Mini Cheddar Cheese Quesadilla
Corn & Green Chile
Pineapple


30

Trix Muffin
Orange Tangerine Juice
Mandarin Oranges
Lunch
Grilled Cheese Sandwich
Broccoli, Cauliflower & Carrots
Banana



ANNOUNCEMENTS

1% White Milk is offered daily at breakfast & lunch.

All grains served on this menu are Whole Grain Rich.

See this logo?



These items are prepared & assembled fresh in our kitchens!

***Fruit Punch Juice contains Apple, Pear, Cherry and Pineapple Juice**

Questions or concerns:

623-707-2059 foodservice@fesd.org

