

PARENT GUIDANCE

MENTAL HEALTH SERIES



In response to parent concerns about student health and well-being, Littleton Elementary School District is partnering with ParentGuidance.org to deliver presentations developed by licensed therapists. This series will be virtual, interactive, and is designed to help parents and caregivers support students. Registration, attendance and interactions are kept totally anonymous from other viewers.

TIME: 6:00-7:00 PM via Zoom

To Register Early...scan the QR code

THURS. JUL 27, 2023

"Establishing Healthy Boundaries"



Onsite Location: Collier Business Academy Cafeteria, 350 South 118th Avenue, Avondale

THURS. NOV 30, 2023

"Social Media"



Onsite Location: LPES Cafeteria

Spanish

THURS. JUL 27, 2023

"Establecer límites saludables"



Onsite Location: WC

Spanish

THURS. NOV 30, 2023

"Redes sociales: Proteger a su hijo"



Onsite Location: CPES Library

THURS. AUG 24, 2023

"School Avoidance"



Onsite Location: COES Cafeteria

THURS. JAN 25, 2024

"Your Child's Anxiety"



Onsite Location: CPES Cafeteria

THURS. SEPT 21, 2023

"Suicide Prevention"



Onsite Location: FAES Cafeteria

THURS. FEB 22, 2024

"How to Motivate Your Child"



Onsite Location: LNES Cafeteria

Spanish

THURS. SEPT 21, 2023

"De qué modo los padres pueden ayudar a prevenir el suicidio"



Onsite Location: FAES Library

THURS. APR 25, 2024

"Why Our Children Self-harm"



Onsite Location: QUES Cafeteria

THURS. OCT 26, 2023

"Helping Your Child Succeed"



Onsite Location: EVES Cafeteria

THURS. MAY 30, 2024

"Substance Use & Vaping"



Onsite Location: TRES Cafeteria

For registration information, contact Kristen Vande Water at vandewater.kristen@littletonaz.org

