

# MENTAL & BEHAVIORAL HEALTH SERVICES INFORMATION



## Southern Arizona

### Arizona Complete Health- Complete Care Plan

Arizona's Children's Association  
Casa de los Ninos  
Child and Family Services  
COPE Community Services  
Horizon Health & Wellness  
Pathways  
La Frontera  
Intermountain

## Central Arizona

### Mercy Care

Arizona Youth & Family Services  
Community Bridges Inc.\*  
Devereux  
Family Involvement Center\*  
Horizon Health and Wellness  
Jewish Family & Children's Service  
LaFrontera-EMPACT-SPC  
New Hope of Arizona, Inc.\*  
Open Hearts  
Pathways of AZ  
Resilient Health  
Southwest Behavioral & Health Services  
Southwest Network  
Terros Health  
The Resolution Group Inc.\*  
Touchstone Health Services  
Valle Del Sol

## Northern Arizona

### Health Choice Arizona

ChangePoint Integrated Health  
Child and Family Support Services  
Encompass Health Services  
Horizon Health & Wellness  
Little Colorado Behavioral Health  
Centers  
Mohave Mental Health Clinic  
Southwest Behavioral & Health Services  
Spectrum Healthcare  
The Guidance Center  
West Yavapai Guidance Clinic

\*Specialty Providers



### Parents can receive FREE Coaching that includes:

- Weekly calls with a coach
- 24/7 texting with 24 hr response
- Guided, step-by-step resources
- Tools & tips to help you parent
- Confidential help

Go to the website  
for Coaching

<https://CookCenter.info/Get-Coaching>

or

Scan to Register  
for Coaching



Littleton Elementary School District #65  
Leaders in Learning, Caring and Growing



# LOCAL PROVIDERS AND FAMILY RESOURCES

## MENTAL HEALTH SERVICES

### Bayless Integrated Healthcare

235 W Western Ave  
Avondale, AZ 85323  
(623) 244-2960  
Individual & Family Services

### Chicanos por la Causa

Centro de La Familia  
6850 W Indian School Rd  
Phoenix, AZ 85033  
623-247-0464  
English/Spanish  
Individual & Family Services  
AHCCCS

### Arizona Facts of Life

3310 W. Flower Street  
Phoenix, Arizona 85017  
(602) 254-2704  
Individual & Family Counseling

### Jewish Family & Children's Services

4747 N. 7th Street, Ste. 100  
Phoenix, AZ 85014  
602-256-0528  
English/Spanish  
Individual & Family Services  
Telephonically & Virtual  
AHCCCS & private pay

### Lifeline Professional Counseling

10320 W McDowell Rd  
Bldg. G Suite 7022  
Avondale, AZ 85392  
480-641-1156 Avondale press 5  
AHCCCS  
Teletherapy & Virtual  
Individual & Family Services

### Terros

12835 N. 32nd St.  
Phoenix, AZ 85032  
602-685-600  
Telephonically & Virtual  
Individual children & teen services  
AHCCCS

### Southwest Behavioral Health

26428 W. MC85  
Buckeye, AZ 85326  
623-882-9906  
Individual & Family Services  
AHCCCS  
English/Spanish

### Southwest Network

9051 West Kelton Lane, Suite 13  
Peoria, AZ 85382  
602-304-0014  
AHCCCS  
Child & Family Team  
Virtually

### Valle del Sol

Intake: 602-523-9312  
8410 W. Thomas Road,  
Phoenix, AZ 85037  
Walk-in intakes from 8am-12pm,  
Wednesday & Thursday  
Reserve spot online: 7am-3pm, M-F  
Youth & Family Services  
English/Spanish  
AHCCS, private pay & other  
Virtually & In-person

## FAMILY ASSISTANCE

### Family Involvement Center

5333 N 7th St., Ste. A-100  
Phoenix, AZ 85014  
602-412-4095  
877-568-8468  
English & Spanish  
AHCCCS  
Family Services  
Individual 18+  
Parenting classes free with AHCCCS

### Child Crisis Arizona

(480) 834-9424  
Free parenting classes and more

## OTHER RESOURCES

### Maricopa County Crisis Line

602 222 9444 or 1-800-631-1314

### National Suicide Prevention Lifeline

1-800-273-8255

### Teen Life Line

parent support and child support via phone  
602 248 8336

### Arizona Complete Health Avondale Resources Center

Assistance with contacting and obtaining more  
agencies/ insurance and more  
Address: 995 E Riley Ave, Avondale, AZ 85323  
Phone: 623 333-2703

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